ARCHDIOCESE OF PONDICHERRY & CUDDALORE
NEWSLETTER
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The Holy Father's Prayer Intention for February 2018

Mission: The Elderly: Hat the elderly, sustained by families and Christian communities, may apply their wisdom and experience to spreading the faith and forming the new generations.

Archbishop's Message

THE ROMAN MISSAL

1. The Roman Missal

The **Council of Trent** (1545-1563) paid great attention to the celebration of the Sacraments, in a special way, the Most Holy Eucharist. The **Roman Missal** was promulgated by Pope St. Pius V, by his Apostolic Constitution, **Quo Primum,** of 14th July 1570.

The Second Vatican Council (1962-1965) by its constitution **Sacrosanctum Councilium** laid the foundations for the general renewal of the Tridentine Roman Missal of 1570. The **Revised Roman Missal** was promulgated by Pope Paul VI on 3rd April 1969. Vatican II allowed the use of vernacular in the Sacred Liturgy so that the faithful could have an active and fruitful participation in the celebration of the Most Holy Eucharist.

The Roman Missal of 1969 was further revised and promulgated by the authority of Pope St. John Paul II in 2002 (Editio Typica) and of Pope Benedict XVI in 2008 (Editio Typica Tertia).

The Latin Third Typical Edition of the Roman Missal of 2008 had been translated into Tamil by the TNBC Liturgy Commission. It was a great work done by a Committee of Bishops, Bible Scholars, Theologians, Liturgists and Tamil Scholars. The Tamil Translation of the Roman Missal of 2008 has been duly approved by the Apostolic See on 16th May 2017.

The **New Tamil Roman Missal** was promulgated by the Bishops of Tamilnadu and Pondicherry on 24th January 2018 at St. Thomas National Shrine, Chennai. It **comes into effect from Ash Wednesday, 14th February 2018.** Hence all the Archdiocesan Priests of Pondicherry and Cuddalore and all the other Priests who are doing Pastoral Ministries and services in our Archdiocese are asked to use **only the New Tamil Missal** from 14th February 2018.

The **Pastoral Letter** of TNBC about the New Tamil Missal is given below. The Parish Priests are kindly requested to explain to their faithful the main contents of this letter on 4th or 11th February 2018.

2. The Tamil Missal

Three Copies of the New Tamil Missal are given to each parish by the Procure. If the Parish Priests need more copies, they may buy them from the Procure at the pre-publication rate

of Rs.850/- each copy. Each parish is given 100 copies of the **Faithful Part** in folder forms.

3. CBCI

The General Body Meeting of the CBCI will be held at St. John's from 2nd to 9th February 2018. The main theme is: **United in Diversity for a Mission of Mercy and Witness.** Let us all pray in a special way for the success of this meeting.

4. Seminar for Young Priests

There will be a seminar for all the Priests ordained from 2011 upto 2017 on Thursday, 8th February 2018 at the Archbishop's House. The seminar will focus on the New Tamil Missal, maintaining accounts and properties, parish administration etc. The Seminar begins at 10.30 a.m. and will end by 01.30 p.m. These Priests are expected to take part in this important seminar.

5. Accounts

Keeping **accurate and update account** is a **serious duty** and **responsibility** of the Parish Priests and the heads of the educational institutions (cf. Can. 1284). All the Parish Priests and the heads of the institutions are reminded of this serious duty and responsibility and asked to submit the accounts of the financial year 2017-2018 to the Procurator on **or before 30th April 2018.** Accounts are to be submitted to the Procurator

and all the accounts will be audited only by our diocesan auditors.

திருப்பலி நூல் பற்றிய தமிழக ஆயர் பேரவையின் சுற்றுமடல்

இறை இயேசுவில் அன்பு நிறை அருள்பணியாளர்களே,
துறவியரே, இறைமக்களே!

உங்கள் அனைவருக்கும் தமிழக ஆயர்களின் நல்வாழ்த்துக்கள்!

இரண்டாம் வத்திக்கான் சங்கம் "திருவழிபாடு" பற்றிய கொள்கைத் திரட்டில் "திருவழிபாடு திரு அவையின் செயல் முழுவதுமே நாடிநிற்கும் சிகரமாக அமைந்துள்ளது. அத்துடன் திரு அவையின் ஆற்றல் அனைத்திற்கும் அது ஓர் ஊற்றாகவும் உள்ளது" (திவ 10) என்று குறிப்பிடுவதை காண்கிறோம். திருவழிபாட்டில் கிறிஸ்தவ வாழ்வின் மையமாக விளங்கும் நற்கருணைக் கொண்டாட்டத்தை ஒவ்வொரு நாட்டின் மொழி, பண்பாடு, பழக்கவழக்கங்கள், சடங்குமுறைகள் ஆகியவற்றிற்கு ஏற்பத் தழுவி அமைக்கவும், சில மாற்றங்களைப் புகுத்தவும் அனுமதி அளிக்கப் பட்டுள்ளது (திவ 4,37-40,77).

புதிய உரோமைத் திருப்பலி நூல்

திருத்தந்தை இரண்டாம் ஜான் பால் 10.04.2000 அன்று உரோமைத் திருப்பலி நூலின் திருத்தப்பட்ட மாதிரிப்படிவத்தை வெளியிட்டு, 2002-இல் அவரவர் தாய்மொழியில் அது மொழிபெயர்க்கப்பட்டு வெளியிடப்படவேண்டும் என்று ஆணை பிறப்பித்தார். அதன்மூலம் கத்தோலிக்கத் திரு அவையின் இறைமக்கள் அனைவரும் திருவழிபாட்டின் உட்பொருளை நன்கு உணர்ந்து, அவரவர் வாழும் சூழலில் மொழி, பண்பாடு, ஆகியவற்றிற்கு ஏற்ப முழு ஈடுபாட்டோடு பங்குபெற்று, மீட்பைப் பெற திருப்பலி நூலைப் பயன்படுத்திக்கொள்ள வேண்டும் என்றும் அறிவுறுத்தினார்.

இவ்வழிகாட்டுதலை கருத்தில் கொண்டு, திருத்தந்தை 16-ஆம் பெனடிக்ட் 2008-ம் ஆண்டு வெளியிட்ட உரோமைத் திருப்பலி நூலின் திருத்தப்பட்ட மூன்றாம் மாதிரி படிவத்தை தமிழாக்கம் செய்ய, தமிழக ஆயர் பேரவை முடிவு செய்தது. இதன்படி இந்தத்

தழிழாக்கம் இந்திய இலத்தீன் ஆயர் பேரவையின் ஒப்புதலோடு உரோமைத் திருவழிபாட்டு, அருளடையாளங்களின் ஒழுங்குமுறைப் பேராயத்தின் அனுமதியை மே 16, 2017-இல் பெற்றது.

புதிய உரோமைத் திருப்பலி நூலின் சிறப்பியல்புகளும் தனித்தன்மையும்

1. இரண்டாம் வத்திக்கான் சங்கத்தின் திருவழிபாட்டுக் கொள்கைத் திரட்டை நடைமுறைப்படுத்தவும், தாய்மொழிகளின் பயன்பாடு பற்றியும் புனித 2-ஆம் ஜான் பால் அவர்களால் கொடுக்கப்பட்ட 5-வது விதிமுறையான, *Liturgiam Authenticam*–இல் கொடுக்கப்பட்டுள்ள விதிமுறைகள் இம்மொழிபெயர்ப்பில் பின்பற்றப்பட்டுள்ளன.
2. இந்திய மண்ணின் புனிதர்கள் உள்படப் பல அருளாளர்களுக்கான மன்றாட்டுகள் சேர்க்கப்பட்டுள்ளன.
3. சில சிறப்பான புனிதர்களுக்கான தொடக்கவுரைகளும் இணைக்கப்பட்டுள்ளன.
அன்னை மரியாவுக்கென்று எட்டு நேர்ச்சித் திருப்பலிகள் இடம் பெற்றுள்ளன.
4. இந்தியப் பண்பாட்டுமயமாக்கலுக்கான பன்னிரெண்டு அம்சங்களும் இத்திருப்பலி நூலில் இடம் பெற்றுள்ளன.
5. அனைவரும் புரிந்துகொள்ளும் வகையில் மொழிநடை, கருத்தாழம், பொருள்வளம் ஆகியவற்றைக் கருத்தில் கொண்டு மூல மொழியாகிய இலத்தீனிலிருந்து இப்புதிய மொழிபெயர்ப்பு செய்யப்பட்டுள்ளது.
6. திரு அவையின் ஒருமைப்பாட்டையும் ஒன்றிப்பையும் உணர்த்தும் விதமாகவும், மூல மொழிக்கு ஒத்திருக்கும் வகையிலும் இம்மொழிபெயர்ப்பு அமைந்துள்ளதால், இதுவரை நாம் பயன்படுத்திய பல வார்த்தைகள், பதிலுரைகள் மற்றும் வாக்கியங்களில் சில மாற்றங்கள் செய்யப்பட்டுள்ளன.
7. திரு அவையில் திருவழிபாட்டில் விவிலிய பகுதிகள் பயன்படுத்தப்படும்போது அவை திருவிவிலியத்தின் புதிய உல்காத்தா மொழிபெயர்ப்பிலிருந்து எடுக்கப்பட்டு இப்புதிய மொழிபெயர்ப்பில் பயன்படுத்தப்பட்டுள்ளன. இவற்றை உள்ளன்போடு ஏற்றுச் செயல்படுவோம்.
8. நாம் நாள்தோறும் பயன்படுத்தும் அடிப்படைச் செபங்களில் மாற்றங்கள் செய்யப்பட்டுள்ளன.

திருவழிபாட்டில் இறைமக்கள் முழுமையாக பொருளுள்ள விதத்தில் பங்கேற்க, திருவழிபாடு பற்றிய விளக்கத்தை மக்களுக்கு வழங்க இப்புதிய நூல் ஒரு வாய்ப்பாக அமைகிறது. எனவே, அருள்பணியாளர்களும், துறவியரும் திருப்பலி நூல் பற்றிய விளக்கத்தை இறைமக்களுக்கு வழங்கி, திருப்பலியில் அவர்கள் ஆர்வத்துடனும் ஈடுபாட்டுடனும் பங்கேற்று, கிறிஸ்துவின் மனநிலை கொண்டு சான்று வாழ்வு வாழ உங்களைக் அழைக்கின்றோம்.

புதிய உரோமைத் திருப்பலி நூல் 24 ஜனவரி 2018-இல் செங்கல்பட்டு மறைமாவட்டம் புனித தோமையார் மலையில் நடைபெற்ற தமிழக ஆயர் பேரவையின் கூட்டத்தில் வெளியிடப்பட்டது. 2018-ஆம் ஆண்டு பிப்ரவரி 14-ஆம் தேதி திருநீற்றுப் புதனிலிருந்து தமிழகமெங்கும் நடைமுறைக்கு வருகிறது என்பதைத் தமிழக ஆயர் பேரவையின் சார்பாக் அறிவிக்கின்றோம். இதுவரை பயன்பாட்டில் இருந்துவரும் பழைய திருப்பலி புத்தகத்தை, இனி பயன்படுத்தக்கூடாது என்பதை தெரிவித்து கொளகிறோம்.

இத்திங்கள் பிப்ரவரி 14, 2018 முதல் இப்புதிய உரோமைத் திருப்பலி நூலை மட்டுமே அனைவரும் பயன்படுத்தக் கேட்டுக்கொள்கிறோம்.

இறைஆசியும், அன்னை மரியின் பரிந்துரையும் என்றும் உங்களோடு இருப்பனவாக!

27.01.2018 கிறிஸ்துவில் என்றும் அன்புடன்,
சென்னை

+ மேதகு முனைவர் அந்தோனி பாப்புசாமி
தலைவர், தமிழக ஆயர் பேரவை

குறிப்பு: பிப்ரவரி 4 (அல்லது 11), 2018 ஞாயிறு திருப்பலியின்போது அருள்பணியாளர்கள் இச்சுற்றுமடலை வாசித்து தகுந்த விளக்கம் அளிக்குமாறு கேட்டுக்கொள்கிறோம்.

ARCHBISHOP'S ENGAGEMENTS FOR FEBRUARY-2018

	01to07		CBCI Meeeting, St. John's, Bangalore.
08	THU	10.30 a.m.	Seminar for Young Priests, Archbishop's House, Pondy.
09	FRI	10.30 a.m.	Mass, Silver Jubilee, St. Michael's HSS, Gingee.
10	SAT	11.00 a.m.	Mass, DOS Teachers, St. Joseph's Cudddalore-1
14	WED	06.00 a.m.	Ash Wednesday Mass, Cathedral.
	21-22		Board Meeting, St. Peter's Seminary, Bangalore.
23	FRI	10.30. a.m.	Archdiocesan Synod Core Group Meeting, Archbishop's House.
24	SAT	10.30. a.m.	Senate Meeting.
28	WED		Board Meeting, Good Shepherd Seminary, Coimbatore

[sd]+Most Rev. Dr. A. Anandarayar
Archbishop of Pondicherry and Cuddalore

ARCHBISHOP'S EDUCATION FUND

No.	Date	Name	Amount
1	08.01.18	Cathedral Parish	5000
2	"	J.Marie Anna Dayavady, Pondicherry	2000
3	"	Ilangovane Danaradjou, Pondicherry	1000
4	"	Cadelin Veronica, Pondicherry	800
5	"	Jesudoss Anitten, Pondicherry	100
6	"	M.L.Prakash, Pondicherry	100
7	"	Well wishers, Cathedral Parish, Pondicherry	4230

8	"	K.Saravanan, Poomiyanpet	5000
9	"	Vadalur Parish	5000
10	"	A.Thomas Cyrilraj, Sengadu	2000
11	"	St.Ambrose society, Cathedral Parish	1000
12	"	St.Vincent De paul Society, Cathedral Parish	1000
13	"	Uppalam Parish	5000
14	"	Lay Missionaries of Charity, Pondicherry	1000
15	"	V.Vijaya Nehru, Pondicherry	25000
16	"	Nellithope Parish	10000
17	"	Adanur Parish	10000
18	"	J.Amalorpavadoss, Adanur	500
19	"	A.Punithavathi, Adanur	200
20	"	Don Guanella Boys Home, Samupillainagar	10000
21	"	St.Antonys Mat. Hr.Sec.School, Neyveli	25000
22		Staff, St.Antonys Mat. Hr.Sec.School, Neyveli	31000
23	"	Sacred Heart Basilica, Pondicherry	25000
24	"	Amalorpavam Hr.Sec.School, Vanarapet	25000
25	"	Petit Seminaire Hr.Sec.School, Ponidcherry	100000
26	18.01.18	St.Paul's Mat.Hr.Sec.School, Neyveli	25000
27	"	San Jose Estate, Yercaud	20000
28	"	Villianur Parish	10000
29	"	Stephen, Pondicherry	2000
30	"	A.John Britto, Villupuram	500
31	"	A.Clara, Villupuram	500
32	"	Epherisha, Villupuram	500
33	"	S.Rosaline, Villupuram	500
34	"	P.A.Suresh, Villupuram	500
35	"	K.Pauline, Villupuram	500
36	"	P.Francis Christuraj, Villupuram	200
37	"	Marie Juliya, Pondicherry	200
38	"	Beschi Nursery, Primary and HSS, Ulundurpet	20000
39	"	Ulundurpet Parish	3000
40	"	J.Selvabothagar, Ulundurpet	2000
41	"	S.Vincent, Uludurpet	2000

42	"	Infant Jesus Anbiyam, Uludurpet	1000
43	"	M.Joseph SanthanGuruz, Ulundurpet	500
44	"	K.S.Nathan, Uludurpet	500
45	"	Legion of Mary, Ulundurpet	500
46	"	V.Ezphiba Vanathiyan, Ulundurpet	200
47	"	M.Savarimuthu, Ulundurpet	200
48	"	C.Alphonse, Oviyanur	200
49	"	I.Michaelraj-Amala, Ulundurpet	100
50	"	Well wishers, Ulunudrpet	500
51	19.01.18	Nellithope Parish	20000
52	"	Maranodai Parish	15000
53	"	Rainbow Nagar parish	10000
54	"	Celine Nirmala, Rainbow Nagar	3000
55	"	Rajalakshmi Venugopal	5000
56	"	Cluny Prashanth Vanam, Periyakalapet	2000
57	"	Fr.George SDB, TNBCLC, Tindivanam	2000
58	22.01.18	St.Joseph of Cluny Mat.HSS, Neyveli	50000
59	24.01.18	Students and Teachers, Adaikala Annai HSS, Viriyur	150000
60	"	Parishioners, Viriyur	1000
61	"	Adaikala annai Sagodaravazhuvu Sangam, Viriyur	500
62	"	Konankuppam Parish	15000
63	29.01.18	Fr.M.J.Bernard Dore	5000
64	"	Reddiarpalayam Parish	10000
65	"	Francisca, Reddiarpalayam	3000
66	"	Imm Heart of Mary Scoety, Reddiarpalayam	1000
67	"	Bethlemite Sisters, Reddiarpalaaym	1000
68	"	S.Salethmary, Reddiarpalayam	500
69	"	R.Vijaya Baskara, Reddiarpalayam	200
70	"	Well wisher, Reddiarpalayam	100
71	"	Fr.Principal, Petit HSS, Pondicherry	1,00,000
72	"	Fr.Secretary, St. Joseph's College, Cud.	50,000

Total as on 31.01.2018 830330
Received up to 31.12.2017 28085532
Grand Total 28915862

[sd]+Most Rev. Dr. A. Anandarayar
Archbishop of Pondicherry and Cuddalore

PARISH WISE FINANCIAL HELP TO THE POOR STUDENTS FROM 01.10.2017 TO 31.12.2017

S.No.	Name of the Parish	ABEF	Other Sources	Total
1	ADANUR	7000.00		7000.00
2	ALAGAPPASAMUTHIRAM	15100.00		15100.00
3	ANAIYERI	3000.00		3000.00
4	ANILADY	12000.00	3000.00	15000.00
5	ARASAKUZHY	1000.00	2000.00	13000.00
6	ARCADU	6500.00		6500.00
7	ARIYANKUPPAM	1500.00		1500.00
8	ATHIPAKKAM	4000.00		4000.00
9	AYANDUR	4500.00		4500.00
10	BAHOUR	1500.00		1500.00
11	CATHEDRAL	41700.00		41700.00
12	CHARITY	3500.00		3500.00
13	CUDDALORE	5500.00		5500.00
14	ERAIYUR	230860.00		230860.00
15	FATIMAPALAYAM	3000.00		3000.00
16	GEDDILAM MARONODAI	2000.00		2000.00
17	IRUDAYAMPATTU	3000.00		3000.00
18	IRUNDAI	1000.00	13000.00	14000.00
19	IRUPPUKURICHY	105200.00	6000.00	111200.00
20	KAKKANUR	2000.00		2000.00
21	KALLERI	500.00		500.00
22	KANAKKANKUPPAM	4000.00		4000.00
23	KANANGADU	5500.00		5500.00
24	KEEZHPUTHUPATTU	61200.00	3000.00	64200.00
25	KODUNGAL	3500.00		3500.00
26	KOMMEDU	1000.00		1000.00
27	KRISHNANKUPPAM	54500.00		54500.00
28	MADAMPATTU	57000.00	17000.00	74000.00
29	MAIYANUR	16000.00		16000.00
30	MEL PAZHANGUR	6000.00		6000.00
31	MEL SITHAMUR	9500.00		9500.00
32	MICHAELPURAM	10000.00		10000.00

33	MUGAIYUR	50100.00		50100.00
34	MUNNUR	17000.00		17000.00
35	MUTHIALPET	2000.00		2000.00
36	NANGATHUR	3000.00		3000.00
37	NARASINGANUR	6000.00		6000.00
38	NEDUNGAMPATTU	4000.00		4000.00
39	NELLITHOPE	17000.00		17000.00
40	NEYVELI	1500.00		1500.00
41	NOLLAMBAI	14360.00		14360.00
42	NOTRE DAME	2000.00		2000.00
43	OTHERS	118000.00	23250.00	141250.00
44	PERIAPET	8000.00		8000.00
45	REDDIARPALAYAM	3500.00		3500.00
46	SACRED HEART BASILICA	11500.00		11500.00
47	SATHIAMANGALAM	11000.00		11000.00
48	SATHIPATTU	21500.00	4000.00	25500.00
49	SEEDEVI	30000.00		30000.00
50	SENGADU	7500.00		7500.00
51	TAGORE NAGAR	2000.00		2000.00
52	THANANGUDY	3000.00		3000.00
53	THELY	7500.00		7500.00
54	THERKUNAM	14000.00	1500.00	15500.00
55	THIRUKOILUR	80500.00		80500.00
56	THIRUNJICOLLAI	94600.00	2000.00	96600.00
57	TINDIVANAM	32953.00		32953.00
58	ULUNDURPET	6000.00		6000.00
59	ULUTHUR	9000.00		9000.00
60	UPPALAM	3200.00		3200.00
61	VADALUR	10500.00		10500.00
62	VEERAREDDIKUPPAM	30500.00	5250.00	35750.00
63	VELANTHANGAL	20500.00		20500.00
64	VELLAKULAM	41100.00		41100.00
65	VIKRAVANDI	5000.00		5000.00
66	VILLIANUR	11000.00		11000.00
67	VILLUPURAM	26500.00		26500.00
68	VIRIYUR	31850.00		31850.00

69	VRIDHACHALAM	1000.00		1000.00
	Total	**1451223.00**	**80000.00**	**1531223.00**

LIST OF THE POOR STUDENTS WHO RECEIVED RS. 3000 AND ABOVE FROM 01-10-2017 to 31-12-2017

Anilady
Jaya surya - B.E. 9000
Mercy Belsitha Mary - B.Sc.B.Ed., 3000
Monisha - GNM 3000

Arcadu
Vimalda Selvajayakumari- B.Ed., 5000

Adanur
Suguna.V - B.Sc Nursing 6000

Alagappasamuthiram
Menaga - B.Ed., 6000

Arasakuzhi
Evangeline portia - XII 8000

Cathedral
Helan Saral - B.E. 10000
Vinnarasi - M.Sc. 7000
Visita - B.Ed., 24500

Eraiyur
Angela Rosary - B.Ed., 5000
Anushiya Jannet - B.Sc. 4500
Arockia mary - B.A. 6000
Arockia Mary - B.Com 14360
Celine Cynthia - B.Ed., 22500
Elizabeth Rani - B.Sc. 6000
Isabella Rani - B.Ed., 30000
Jesu Vinola Mary - B.Ed., 22500
Jacintha - B.Ed., 22500
Julie prema - B.Ed., 30000

Margrate priyadarshini - B.Sc.	6000
Mary Bernadine - B.Ed.,	7500
Nambikkai Mary - B.Ed.,	22500
Nirmala - GNM	6000
Rexy priyadarshini - B.Sc.	6000
Ruby juliana mary - B.Sc.	6000
Snega Latha - B.Ed.,	6000
Vinoliya - B.Sc.	6000

Fathimapalayam

Sathyaseelan - B.Ed.,	3000

Irudayampattu

Joe Steffy leena - B.Sc.B.Ed.,	3000

Irundai

Idaya Vendhan - MBBS	13000

Kanangadu

Marial - Nursing	5000

Keezputhupet

Andranita Culas - BCA	9500
Dhanuja - Nursing	3000
Dilaiksini - XI	6000
Dishanthani - B.Com	8000
Reshma - B.Sc.Nursing	16700
Shreya - V	3000
Sruthika - V	3000
Uma Gandhi - B.A.	8000
Roman Antony	3000

Kanakkankuppam

Arockia jency - B.Ed.,	3000

Iruppukurichy

Delphine elizabeth - B.Ed.,	30000
Jacintha Mary - MA.	7500
Merline philominal - B.Ed.,	30000
Queen Ruby Sherline - B.Ed.,	7000
Rufina Priya - B.Sc.B.Ed.,	23200

Krishnankuppam

Angeline celcia - B.Sc.	7000
Anushiya gladia mary - B.C.A.	7000
Edel queen maria - MCA	4000
Maria filby - B.Ed.,	30000

Madhampattu

Asha Rathina Kumari - B.Sc.,Nursing	31000
Jaculine Mary - B.Ed.,	31000
Angel B.A	11000

Maiyanur

Maria nivetha - B.Sc.B.Ed.,	16000

Mel-pazhangur

Arockia mary - BBM	6000

Mel-sithamur

Sheela - B.A.	8000

Michaelpuram

Edvya sherly - B.Sc.	6000

Mugaiyur

Antony Liciya - B.Ed.,	6000
Arokia Saratha - B.Ed.,	6000
Francina - B.A.	3500
Mahimai Shenbaga Nisha - B.A.	3500
Manushya Priyanthi - B.Ed.,	6000
Maria sindu - B.C.A.	3500
Nimina - B.A.	4000
Selciya Roy - B.Sc.	4000
Suganya - B.A.	3500

Munnur

A.Anbarasi	5500
Franciscamary	8000

Narasinganur

Veronica mary - B.Sc.	6000

Nellithope
Roeseline Mary - B.Com 8500

PeriyaNollambai
Priya - B.Com 14360

Periapet
Monisha - B.Sc. 5000
Jeny sowmya B.Sc. 3000

Sacred Heart Basilica
Jenifer - B.Tech 8000

Sathipattu
Arockia Vinnarasi - M.Sc. 7000
Jacquiline mary - B.Ed., 14500

Sathiamangalam
Jenifer - BBA 5000
Lidya - B.Sc.Nursing 3000
Ruba mary - B.Ed., 3000

Seedevi
Marial - B.Ed., 30000

Sengadu
Arockia jency - B.Sc. 7500

Thely
Jaya priya - MSW 4000

Thennangudy
Flora - B.Sc. 3000

Therkunnam
Arul roja - Nursing 4000
Ezhilarasi - DPA 4500
John Louis - B.Sc.B.Ed., 5000

Thurinjicollai

Alex Celsiya - GNM 13000
Elakkiya - B.Ed., 30000
Victoria rani - B.Ed., 50600

Thirukoilur
Anjugam - GNM 17200
David raj - EEE 3000
Anitha Periyanayagi - B.Sc. 3500
E.Kamali - XII 5500
E.Shalini - B.Sc.Nursing 36100
Pauline Shanthi - B.Sc. 3000
Ruth Priya - B.A. 3500

Tindivanam
Charles ricky - B.Sc. 11253
John Rachel - M.A. 3000
Vivekanandan - B.Com 5000
Jenovia 5500

Ulundurpet
Divya - B.Sc. 6000

Uluthur
Sathiya - DNM 4000

Uppalam
Johnsy rani - B.Sc.B.Ed. 3000

Vadalur
Annie Pricilla - B.A. 3500

Veerareddikuppam
Arokia Lenciya - B.Sc. 29250

Velanthangal
Marial - B.Sc.Nursing 17500

Vellakulam
Vasantha Mary - B.Sc.Nursing 20400
Veronica 8000
A.Dennis 8000

Villupuram

Angel Theresamary - B.Ed.,	22500

Vikravandi

Jenita Rani - B.E.	3000

Villianur

Joice - GNM	10000

Viriyur

Shilpa Princy - B.Ed.,	3000
Anjamma - B.Ed.,	5000
Gayathri - M.C.A.	23850

Fr. A.Kulandai Yesu Raja
Secretary to the Archbishop

Rev. Fr. J.M. Gregory Louis Joseph
Procurator

BLESSINGS

1. Blessing of the New Chuch, Vinayagapuram, Adanur.

The newly built St. Antony's Church, Vinayagapuram, Adanur was blessed and opened by His Grace Most Rev. Dr. A. Anandarayar, our Archbishop, on 2nd January 2018. We offer our hearty congratulations to Rev. Fr. A. Christopher, MSFS, the Parish Priest and we thank the donors and the parishioners for their generous contribution.

2. Blessing of the New School Building, St. Antony's Mat. Hr. Sec. School, Block-29, Neyveli Township.

The newly built school building at St. Antony's Mat. Hr. Sec. School, Block-29, Neyveli Township was blessed and opened by His Grace Most Rev. Dr. A. Anandarayar, our Archbishop on 4th January 2018. We offer our hearty congratulations to Rev. Fr. R. Arockia Ananda Raj, Principal and we thank the donors for their generous contribution.

3. Blessing of the New School Building, St. Xavier's Middle School, Villupuram

The newly built school building at St. Xavier's Middle Scholl, Villupuram was blessed and opened by His Grace Most Rev. Dr. A. Anandarayar, our Archbishop on 5th January 2018. We offer our hearty congratulations to Rev. Fr. A. Albert Felix, Correspondent and we thank the donors for their generous contribution.

4. Blessing of the New Presbytery, Nellithope Parish

The newly built presbytery, Nellithope Parish was blessed and opened by His Grace Most Rev. Dr. A. Anandarayar, our Archbishop on 15th January 2018. We offer our hearty congratulations to Rev. Fr. S. Kulandaisamy, Parish Priest and we thank the donors for their generous contribution.

5. Blessing of the New School Building, Punitha Adaikala Annai Hr. Sec. School, Viriyur

The newly built school building at Adaikala Annai Hr. Sec. School, Viriyur was blessed and opened by His Grace Most Rev. Dr. A. Anandarayar, our Archbishop on 22nd January 2018. We offer our hearty congratulations to Rev. Fr. A. Arokiaraj, Principal and we thank the donors for their generous contribution.

NECROLOGY

Please pray for the repose of the souls of:

02-02-1957	Planat P., MEP
03-02-1954	Escande H., MEP
04-02-1964	Blaise L., MEP
05-02-1949	Mgr. UBAGARASWAMY Bernadotte
05-02-1987	Verinaud J.B., MEP
06-02-1963	Matthew K.
14-02-1980	Joseph C.C.
15-02-1989	Henry Cailleault, MEP
25-02-2014	Elias R.

27-02-1953	Combes A., MEP
28-02-1971	Mgr.Mark Gopu G.J.
29-02-1972	Raveyre A., MEP

FROM THE DESK OF VICARS

"Set me free O Mystery from the tyranny of time
The iron grip of time loses its hold on our lives
Abiding in you alone, we feel again at home,
In the fabric of daily doings"

May these words awaken us to the precious gift of time to enjoy and celebrate it in the Eternity of God within us and around us. Life is a gift, time is a grace. Life meaningfully lived and culminating in Eternity are also highest graces as we step into 2018-2019 years of renewal, preparation and transformation because of the Diocesan Synod after 1844, 175 years ago.

Local Church Emerges

With a long history of the ancient Archdiocese of Pondicherry & Cuddalore, the present Local Church needs very much to the awakened to the establishment of the Archdiocese taking into consideration the Apostolic successor the Archbishop, his collaborators, the Clergy and the Religious along with the Laity through planned out catechism, renewal sessions at the basic level in every Christian community, the parish community, the ten vicariate coordinated communities, the Archdiocesan Pastoral community properly formed and approved by the Archbishop with rules and regulations for formation and helping them to journey towards greater faith and commitment towards their identity and service, pastoral and mission thrust.

Normally those who have power and position in any institution especially ecclesial are comfortable with themselves and not prepared to change, share and welcome the participating structures according

to the new code of Canon Law, especially the approved Financial Committees for parishes and other institutions, the Parish Pastoral Councils with the missionary thrust, during the Synodal years 2018-2019, all that is expected of a fully established Local Church will be made possible with the approval of the Local Ordinary.

Who Will Bell the Cat?

"The whole world is a stage
And all are actors on the stage"

This is how Shakespeare writes in his poem from his lived experience. All are playing their role in life safe and sound therefore few are alright, others are patient for their chance or suffer. Eric Bern a depth psychologist writes in his book, "Games people play" about the games most of us play but for the spiritual guides going beyond psychology, will have to voice the Will of God and the Plan of God with humility and courage. It is easy to maintain the status quo but to animate, to challenge, to change for the better as God wills, needs courage and conviction, practice and experience. For this we need to go beyond emotional and rational intelligence to the spiritual intelligence where one is filled and guided by the Spirit of the Risen Lord to be confirmed by the word of God. It is at this situation one is invited to suffer for word of God and Jesus Christ. It is through self-denial only that our life becomes meaningful and purposeful.

God prepares us through the annual retreat, the monthly recollection, daily meditation, the Eucharist and the selfless service to the people of God. For the clergy and the religious the only treasure that cannot be replaced by anyone or anything is the Risen Lord only. If we are faithful to this demand and option we will be genuine priests and nuns everywhere. May God who helps us from outside and inside become our only focus through awareness and involvement, commitment and witness today. As God is always proactive and understanding, may we be also be positive in thoughts, words and deeds through the regular spiritual exercises expected of us.

Junior Clergy Formative Education

- For 2017 assignment the "Synod" was the topic to be presented in Tamil for the sake of the Synodal years of our Archdiocese 2018-2019 by the Junior Clergy ordained for the past three years.
- For 2018 assignment "Building the Local Church" is presented to our clergy of the recent past, three years to be ready at the earliest. This exercise also will help our Archdiocese during the Synodal years 2018-2019.

As the Junior Clergy is enthusiastic and dynamic, let us appreciate and thank them for their contribution to the building up of the Local Church today. Let us also thank Fr. A. Melchizedech for his paternal encouragement and assessment of the assignment in the past, present and future.

Annual Retreat

Our beloved Archbishop along with the council members is ever ready to do all that is possible for the annual retreats to come from 2019 onwards. Perhaps we may have the retreat in 2019 in Poondi Retreat Centre in two batches in July-August to be easy for all to attend instead of January-September. Let us thank our Archbishop for his efforts. Perhaps we all need to dream for a "Renewal Centre" in Nainarmandapam in the near future so that we could have conducive place for diocesan spiritual exercises as needed.

Msgr. A. Arulanandam
Vicar General

Msgr. A. Louis
Episcopal Vicar

FROM THE DESK OF FR. PROCURATOR

Archdiocese of Pondicherry & Cuddalore

MISSION SUNDAY COLLECTIONS - 2017

S.No.	Name of the Parish	Amount
1	VILLUPURAM - CHRIST KING	375000.00
2	REDDIARPALAYAM	291010.00
3	UPPALAM	202111.00
4	KARAIKAL	180000.00
5	NELLITOPE	170250.00
6	ERAIYUR	170000.00
7	VADALUR	162026.00
8	TAGORE NAGAR	142000.00
9	RAINBOW NAGAR	131151.00
10	IRUPPUKURICHY	130259.00
11	NEYVELI	123889.00
12	PANIKANKUPPAM	115000.00
13	MUGAIYUR	113345.00
14	CUDDALORE N.T	107500.00
15	MUTHIALPET	103500.00
16	VINOBHA NAGAR	100000.00
17	VILLIANUR	90000.00
18	KANANGADU	75000.00
19	ARIANCOUPAM	70700.00
20	TINDIVANAM	62570.00
21	KALLAKURICHI	56000.00
22	ANILADY	48000.00
23	ATHIPAKKAM	43400.00
24	IRUDAYAMPATTU	40000.00
25	KUNANKURICHI	40000.00
26	SATHIAMANGALAM	36886.00
27	VEERAREDDIKUPPAM	36625.00
28	VIKRAVANDI	35000.00
29	VIRIYUR	33000.00
30	PERIYAKURICHY	32000.00
31	CHINNASALEM	30300.00
32	MAIYANUR	30220.00
33	INDIRA NAGAR	30000.00
34	KURUSUKUPPAM	29160.00
35	VRIDHACHALAM	22115.00
36	THIRUPAPULIYUR	21667.00
37	ARULAMPADI	21000.00
38	VELANTHANGAL	20440.00

39	KOTTUCHERRY	**20000.00**
40	MICHAELPURAM	**20000.00**
41	MEMALUR	**17600.00**
42	KODUNGAL	**16000.00**
43	ARASAKUZHY	**15000.00**
44	NELLIKUPPAM	**15000.00**
45	THIRUKOILUR	**15000.00**
46	SAMUPILLAI NAGAR	**14800.00**
47	THELY	**14520.00**
48	KOVILANUR	**14500.00**
49	KANAKANKUPPAM	**14070.00**
50	KONANKUPPAM	**14000.00**
51	MEL NARIAPPANUR	**13800.00**
52	KOMMEDU	**13000.00**
53	KRISHNANKUPPAM	**12400.00**
54	CUDDALORE O.T.	**12070.00**
55	KURUMBAGARAM	**11000.00**
56	VELLAIKULAM	**11000.00**
57	T.R.PATTINAM	**10730.00**
58	KALPET	**10200.00**
59	SENGADU	**10110.00**
60	ANAIYERI	**10000.00**
61	MARAKANAM	**10000.00**
62	NEDUNGAMPET	**10000.00**
63	KAKKANUR	**9000.00**
64	ALAGAPPASAMUTIRAM	**8000.00**
65	GEDILAM MARANODAI	**8000.00**
66	SATHIPATTU	**7500.00**
67	THURINJIPOONDI	**7500.00**
68	SOZHAMPATTU	**7450.00**
69	ODIATHUR	**7000.00**
70	SEPAKKAM	**6850.00**
71	AYANDUR	**6140.00**
72	MADAMPATTU	**6000.00**
73	MEL SITHAMUR	**6000.00**
74	MELVAZHI	**6000.00**
75	NANGATHUR	**6000.00**
76	IRUNDAI	**5500.00**
77	ARCADU	**5200.00**

78	AKKRAPALAYAM	**5100.00**
79	PERIAPET	**5000.00**
80	THIAGADURGAM	**5000.00**
81	THENNANKUDY	**4500.00**
82	THERKUNAM	**3200.00**
83	PENNADAM	**3000.00**
84	MUNNUR	**3000.00**
85	NARASINGANUR	**2300.00**
86	FATHIMAPALAYAM	**2100.00**
87	KALLERY	**2000.00**
88	ADANUR	
89	AGRAKOTTALAM	
90	BAHOUR	
91	CATHEDRAL	
92	GINGEE	
93	KEEZPUTHUPET	
94	MANALURPET	
95	MELPAZANGUR	
96	N.D.DES ANGES	
97	NOLLAMBAI	
98	SACRED HEART BASILICA	
99	SEEDEVI	
100	THATTANCHAVADY	
101	THURINJICOLLAI	
102	ULUNDURPET	
103	ULUTHUR	
104	VILLUPURAM - ST.FR.XAVIER	
	Others	
105	St.Thomas Church, Jayanagar	**15000.00**

Total **3998264.00**

Archdiocese of Pondicherry & Cuddalore
OKHI CYCLONE RELIEF FUND COLLECTION

S.No.	Name of the Parish	Amount
1	TAGORE NAGAR	**50828.00**
2	REDDIARPALAYAM	**50000.00**

3	CATHEDRAL	**30460.00**
4	ERAIYUR	**30000.00**
5	NEYVELI - I	**26950.00**
6	VILLIANUR	**26430.00**
7	CUDDALORE N.T	**25000.00**
8	KARAIKAL	**20000.00**
9	VIRIYUR	**20000.00**
10	THIRUPAPULIYUR	**19340.00**
11	ULUNDURPET	**19000.00**
12	MAIYANUR	**18500.00**
13	ARIANCOUPAM	**15760.00**
14	ARULAMPADI	**15000.00**
15	IRUPPUKURICHY	**15000.00**
16	MUTHIALPET	**14440.00**
17	NELLITOPE	**12340.00**
18	MICHAELPURAM	**11100.00**
19	KOTTUCHERRY	**10500.00**
20	KOVILANUR	**10000.00**
21	KRISHNANKUPPAM	**10000.00**
22	TINDIVANAM	**10000.00**
23	VILLUPURAM - CHRIST KING	**10000.00**
24	VINOBHA NAGAR	**10000.00**
25	N.D.DES ANGES	**9630.00**
26	UPPALAM	**8751.00**
27	THIRUKOILUR	**8500.00**
28	VEERAREDDIKUPPAM	**7440.00**
29	MEL NARIAPPANUR	**7000.00**
30	CUDDALORE O.T.	**6535.00**
31	IRUDAYAMPATTU	**6000.00**
32	MADAMPATTU	**6000.00**
33	KONANKUPPAM	**5500.00**
34	MEMALUR	**5260.00**
35	ARASAKUZHY	**5000.00**
36	PANIKANKUPPAM	**5000.00**
37	SATHIAMANGALAM	**4250.00**
38	KAKKANUR	**4000.00**
39	KODUNGAL	**4000.00**
40	NELLIKUPPAM	**3300.00**
41	NEDUNGAMPET	**3000.00**
42	RAINBOW NAGAR	**3000.00**
43	SATHIPATTU	**3000.00**

44	VELANTHANGAL	**3000.00**
45	SOZHAMPATTU	**2650.00**
46	NANGATHUR	**2500.00**
47	VIKRAVANDI	**2100.00**
48	KALPET	**2000.00**
49	KURUMBAGARAM	**2000.00**
50	THELY	**2000.00**
51	AYANDUR	**1840.00**
52	BAHOUR	**1760.00**
53	ANAIYERI	**1500.00**
54	SENGADU	**1500.00**
55	VELLAIKULAM	**1100.00**
56	SEPAKKAM	**1050.00**
57	ARCADU	**1000.00**
58	KALLERY	**1000.00**
59	THIAGADURGAM	**1000.00**
60	THURINJICOLLAI	**1000.00**
61	THERKUNAM	**800.00**
62	FATHIMAPALAYAM	**608.00**
63	AKKRAPALAYAM	**500.00**
64	PENNADAM	**500.00**
65	THURINJIPOONDI	**450.00**
66	ADANUR	
67	AGRAKOTTALAM	
68	ALAGAPPASAMUTIRAM	
69	ANILADY	
70	ATHIPAKKAM	
71	CHINNASALEM	
72	GEDILAM MARANODAI	
73	GINGEE	
74	INDIRA NAGAR	
75	IRUNDAI	
76	KALLAKURICHI	
77	KANAKANKUPPAM	
78	KANANGADU	
79	KEEZPUTHUPET	
80	KOMMEDU	
81	KUNANKURICHI	
82	KURUSUKUPPAM	
83	MANALURPET	

84	MARAKANAM
85	MEL SITHAMUR
86	MELPAZANGUR
87	MELVAZHI
88	MUGAIYUR
89	MUNNUR
90	NARASINGANUR
91	NOLLAMBAI
92	ODIATHUR
93	PERIAPET
94	PERIYAKURICHY
95	SACRED HEART BASILICA
96	SAMUPILLAI NAGAR
97	SEEDEVI
98	T.R.PATTINAM
99	THATTANCHAVADY
100	THENNANKUDY
101	ULUTHUR
102	VADALUR
103	VILLUPURAM - ST.FR.XAVIER
	Total **617672.00**

Dear Rev.Fathers,

Mission Sunday Collection: We have to remit the Mission Sunday Collection to the Pontifical Mission Organisation, Bangalore before 15th of February 2018. So far, 15 Parishes not yet remitted the Mission Sunday collection to the Procure. Those parish priests are requested to remit the collection immediately **before 10th February 2018 without any delay**.

OKHI Cyclone Relief Fund: So far, 37 parishes not yet remitted the cyclone relief fund collection to the Procure. Those parish priests are requested to remit the collection immediately **before 10th February 2018** without any delay.

Mass Intentions received in January - 2018

Date	Name of the Parish	No. of Masses
02.01.2018	Vinoba Nagar parish	118 Mass intentions

Binated / Trinated Mass Intentions received

Date	Name of the Priest	No. of Masses
02.01.2018	Fr.A.J.Lawrence	7 Mass intentions

Rev. Fr. J.M. Gregory Louis Joseph
Procurator

VOICE FROM METROPOLITAN MATRIMONIAL TRIBUNAL- 88

1. Report of the 27th Annual Meeting of Tamil Nadu Canonists' Association

The meeting began with the invoking of the Holy Spirit, Bible reading, prayer and the lighting of the Kuthuvillakku led by Rev. Sr. Jeya Jothi, Frs. Alagu Selvam TNCA President, and Fr. Philomindoass. The President welcomed Sr. Jeya Jothi, CSST, Advocate, Villupuram District Court. She addressed the key note address and emphasized on the divorce and annulment and its implications both on the civil and church. 36 participants attended the meeting and five are form our Archdiocese.

In the first session, Rev. Fr. Angel Raj dealt on how to pattern our behavior after the Son of God: Pastoral care in the tribunal proceedings. Fr. C. M. Joseph briefed the shorter process of Pope Francis and major changes. The afternoon session, Fr. S. Pascal Raj highlighted on the ecclesiastical matrimonial tribunal personnel and their function. Fr. Norbert explained on the screen about the Genetic engineering and techniques of reproduction at crossroads with the magisterium. There were lots of interactions, doubts and clarifications in every session. It lasted for some time for a fruitful discussion.
On 23rd January 2018, Rev. Fr. Jeyaseelan, sj. dealt on the Will, Succession, Inheritance and Adoption and Civil updates. Rev. Fr. A. Alagu Selvam, the President dealt on the canonical updates. After

the tea break, there was panel discussion. After reading of the minutes and accounts, there was election of office bearers. Fr. S. Pascal Raj was elected as President of TNCA (19 out of 30) and Fr. Angel Raj as Vice-President (17 out of 30) Fr. Philomindoss continues as treasurer and Fr. D. Xavier as secretary. The new President Fr. S. Pascal Raj thanked the outgoing office bearers and fixing the dates and topics for the 28th Annual Meeting of the Tamil Nadu Canonists' Association. The Venue is fixed as TNBCLC, Tindivinam and the next meeting will be on 21st & 22nd January, 2019 (Monday &Tuesday). The topics and resource persons were proposed for our next meeting. Rev.Fr.A. Alagu Selvam proposed the vote of the thanks. The meeting came to a close with hymn and angelus. (NB: Apart from the postal address, I can be contacted only through my cell: 99402 98985 or email id: pascalraj@hotmail.com).

Rev. Fr. S. Pascal Raj
Judicial Vicar
24-01-2018

As baptized and consecrated people we are called to spread the Words and deeds. "The harvest is plentiful but the laborers are few. Pray therefore the Lord of the harvest to send out laborers into the harvest." "It grieves us," says Pope St. Gregory the Great, "to have to say that the laborers for the great harvest are few, because there are not enough people to preach the Good News, although there are people wanting to hear it. We see around us a world full of priests, but it is very rare to find a laborer in God's harvest, because we are not doing the work demanded by our priesthood, although we accepted this offer." He exhorts us not to be wrapped up in the external affairs but to be more sensitive to spiritual matters.

Points to Ponder:

- "Never be afraid to raise your voice for honesty and truth and compassion against injustice and lying and greed. If people all

over the world… would do this, it would change the earth."
William Faulkner

- Smartphone Slaves: More and more people are losing themselves to the virtual world, spending hours on social media and web chats. Experts say it is time to treat this addiction as a disorder. Last year, a study on 10,000 people from 10 countries by A. T. Kearney Global Research revealed that 53% Indians surveyed were connected to the internet every waking hour, higher than the global average of 51%. It's an addiction. (cf. Rally, vol.93, n.7 December 2017, pp.35-38).
- Media through a Catholic & Moral Lens: Catholic Church promotes use of Internet and other social media, but with caution and demands they must be properly directed by healthy principles.
- "All forms of instruments of media communication are to serve people, and not the other way that people become slaves of the technologies of the media." Any form of addiction is "an escape from reality, from something that is either too full of sadness, such as an abusive relationship, or too devoid of joy, like an emotionally empty life."
- Media is called the 4th pillar of democracy due to its important role in shaping public opinion. But the sad scene is that often times, media derails from the right track.
- 5 habits for positive LIVING: 1. Believe in yourself; 2. Help someone in need; 3. Live your passion; 4. Get daily inspiration and 5. Be honest.
- **Morning Greetings:** Imagine there is a bank that credits your account each morning with Rs.86,400. It carries over no balance from day to day; allows you to keep no cash balance; every night deletes whatever part of the balance you failed to use during the day. What would you do with such an account Draw out every penny, of course!!!

Every one of us has such a "bank'. Its name is **TIME**. Every morning it credits you with **86,400 seconds**. Every night it writes

off as lost whatever of this you have failed to invest to good purpose. It carries over no balance. It allows no overdraft.

Each day it opens a new account for you. Each night it burns the records of the day. If you fail to use the day's deposits, the loss is yours. There is no going back. There is no drawing against tomorrow. You must live in the present – on today's deposits. Invest it so as to get from it the utmost in health, happiness and success! **The clock is running. Make the most of today!!** (Indian Currents, January, 2018, p.46)

Let us offer our ministries for the souls in purgatory who will in return pray that we may learn to die to our 'ego' during the Lenten season in order to rise with Him on Easter. May the coming Holy Lenten Observances bring Peace at the Families and thanking you.

Fr. S. Pascal Raj
Judicial Vicar

St. Xavier's Pastoral Centre

Krithuvar Vazhvurimai Iyakkam

As we have discussed in our Senate Meeting we have to make our people get ready for the Panchayat elections in this year and Parlamentary elections in 2019 to elect our political leaders. The only way to politisize our people is to start the branches of Krithuvar Vazhvurimai Iyakkam in each parish. Kindly as early as possible begin to recruit the members and call me for animation.

Madha T.V.

We are going to have on the 6th of March the meeting of all the Diocesan Secretaries of the Commission for Media and

Communications at Santhome Communication Centre, Chennai. Each diocese is supposed to show the growth of the membership of the subscribers of Madha T.V. Our diocese is not progressing well as they expect. So, Dear Fathers kindly make some effort to Conscienctize our people to contribute Rs.100/- per month as (மாதம்தோறும் மாதாவுக்கு 100 ரூபாய்) monthly subscribers.

Commission for Anbiyam

We had the National Symposium of Anbiyam in Velankanni from 8th to 10th February 2018 with the National Service team on "SCCs are Evangelizing Families". Five members from our Diocese participated in the Symposium. I will be giving the suggestions to be executed in the parish level once I get the informations from the TNBC Commission for Anbiyam.

Kindly send the report of the celebrations of the month of Anbiyam in your parish through e-mail or by post. This month we will be having a one day evaluation meeting for the Chief Coordinators of the parishes in Pastoral Centre, Uppalam. The date will be informed to you later.

CDPI (Conference of the Diocesan Priests of India)

We had the National Council Meeting of CDPI in Mahabalipuram, Joe Beach Resort from 16th to 19th January 2018. More than 85 Priests attended from 14 Regions of India. The report and the decisions are given below.

"From 16th to 19th January 2018, under the guidance of the Most Rev. Dr. Udumala Bala, Patron of the CDPI-National, in the presence of the Most Rev. Dr. Susaimanikam, Patron of CDPI-TN-Pondicherry Region and , the Most Rev. Dr. Vincent Aind, Patron of CDPI-West Bengal -Sikkim Region, we, the Diocesan Priests numbering 85, from the fourteen regions of our country, gathered together at the venue of Joe Beach near Mahabalipuram,

to reflect and discern collectively in a spirit of fellowship and solidarity, the "Pastoral Responses of the Diocesan Priests to the Draconian Danger of the Rising Hindutva Fundamentalism and Communalism in our Country".

The keynote address of Fr. Xavier Arulraj, Director of Legal Cell of TNBC followed by the inputs sessions of Fr. Paul Michael Raj SJ and Fr. Sagaya Philominraj SJ from IDEAS, Madurai enlightened us on the issue of Hindutva fundamentalism and communalism triggered by the aggressive fundamentalist forces posing a threat to the harmonious social fabric of our nation.

A deeper reflection and understanding of the Indian Constitution – the holy book of our nation - elicited our appreciation for it as well as our admiration for the founders and the constitution-makers of our country. This Constitution assures freedom and equality, fraternity and justice to each and every citizen of India, upholds unity in diversity and forbids any form of discrimination based on colour, caste, language, gender or creed.

However, a closer look at the manner of implementation of the Constitution in our country caused deep distress and concern in us:

- Open support of the present Government to the mushrooming ofanti-constitutional organizations which intentionally polarize the citizens on religious lines;
- the sidelining of the constitutional principles and parliamentary proceedings;
- the forced enactment of new legislations and policy decisions which infringe on the rights of individual citizens and groups belonging to different cultures and religions;
- the abrupt replacement of age-old structures rooted in democratic values with institutions seeped in vested interests;
- the pooh-poohing of the time-tested best practices of the nation in democratic polity and introducing new ones which belittle the federal nature of the country;

All these, and many moreare some indications of the present Government's strong leaning towards the ideology of fascism,

that is, the persistent move to establish 'Hindu Rashtra'. This is clearly an open defiance of the principles enshrined in the Constitution. In the process, the corporate market forces also have soiled their hands through their support to the fundamentalist forces and their offshoot, the present ruling party at the centre. Now the duos seem to steer the history of the nation, each with the vested interests of their own to the detriment of the well-being of this great nation and its people.

Perusing the history of the fundamentalist forces, we realize that their sources of inspiration are Manusmriti, the Fascism of Italy and the Nazism of Germany and their present day strategies are derived mostly from Hitler. The ultimate aim of these forces is to make India a theocratic state, which boils down to the change of the present Constitution. As per our understanding, the perpetrators of this ideology are none other than **Aryan-Brahminic** forces. Their aim is not so much to bring forth religious (Hindu religious) supremacy but **Aryan-Brahminic (Racial / Caste) Supremacy**. As the latter cannot be spelt out openly for the reason of its basic unequal nature, they spell it out in the guise of the former, that is, Hindu religious supremacy.

If the ideology and activities of these fundamentalist / anti-constitutional forces are not countered by the general public now, the country is bound to face (a) denial of individual, cultural & religious rights, (b) annihilation of cultural, linguistic and religious identities of different groups, (c) consolidation of the inhuman and unequal caste system, (d) blood-shed and civil unrest and, finally,(f) the disintegration of this great nation.

Being aware of the prevalent dangers of the present political situation we, as genuine citizens and authentic patriots of our esteemed motherland, come forward with the following resolutions and plan of action for the future.

1. We unequivocally condemn the violence unleashed in different parts of the country in the recent past by the fundamentalist forces against(a) the rationalist thinkers of Hindu religion, (b) Dalits, (c) Tribals, (d) Muslims and (e) Christians. We also condemn the silence of our leaders

who sit at the helm of Governance of our nation, over these cruel & planned atrocities and murders which amount to blatant violation of human rights.

2. We vouch to provide proper information to the general public, the Christian community in particular, through seminars, courses and social and digital media, regarding the real forces behind the perpetration of violence and their evil designs and intentions which are contrary to the principles of our Constitution.

3. We decide to muster the strength of all democratic and secular forces by working in close collaboration with them in matters concerning the impending danger to the country and the appropriate political responses to the challenges.

4. We decide to organize the youth and build them up as a movement in order to anchor them on the values of the Gospel such as love and justice, and the noble principles of our culture and Constitution such as equality and respect for pluralism.

5. We decide to nurture / promote lay-leadership and evolve 'think-tanks' at diocesan and regional levels, which would handle the issues arising from the communal forces.

6. We will work towards the promotion of different forums of dialogue -dialogue of life, dialogue of action and dialogue of thought – among different religious communities in all possible regions in order to promote mutual respect for religious beliefs and practices, and strengthen the bond of relationships among them.

7. We decide to take measures to nurture and promote democratic values in our parishes and institutions by

celebrating important annual commemorative days such as the Constitution Day on 26th November.

With trust in God, who has called us to be the servants of his people in this time of great challenge, we commit ourselves with determination and courage to the pastoral care of allthe people in this country irrespective of caste and colour, culture and creed, language and region.

Kindly go through the resolutions of the council and try to execute them in your parish as effectively as possible because this is the urgent need of the hour.

Commission for Evangelization

This month Rev. Fr. Adaikalasamy of Kumbakonam diocese who is doing his Doctoral studies on "Vaishnavism" in Madras University who is a well known Charismatic Preacher and Healer will conduct this month's prayer meeting on 17th February in our centre from 09.30 a.m.to 04.30 p.m. Kindly announce to the people because a lot of Catholics long for the word of God and healing by the power of our Lord.

From 17th to 19th March 2018 there will be a National Symposium on "New Evangelization for the Church in India" at St. John's National academy of Health and Sciences, Bangalore. The Secretary of the Commission for Evangelization Rev. Fr. Andrew Majella will attend this meeting.

To Rev. Frs. Vicars Forane

I request you to collect suggestions for the First Meeting of the Senate of this year in your Vicariate Meetings and sent to me as early as possible. The Senate meeting will be on the 24th February 2018, Saturday in the Archbishop's House.

Fr. A. J. Philomindoss
Director

SC/ST Commission Report

Activities

1. Samathuva Pongal Celebration

Our Diocesan SC/ST Commission organized Samathuva Pongal Mass in St. Xavier's Church, Villupuram on 14th January 2018. Congrats to Fr. Albert Felix for the invitation and all the arrangements.

2. MISEREOR Visit DCPC

The Governing Body members of MISEREOR from Germany visited our Diocesan Dalit Christians people cell groups in SAMSSS, Vikravandi on 25th January 2018. Around 200 people have participated in the gathering.

3. Information

We are happy to inform you that Mother Savithiribai Phule one time education grant for Girl Children (Sponsored by Most Rev. Thomas Dabre, Poona Diocese) will be given to the Dalit Catholic girl children who are studying from First to Eighth Class. Grant range from Rs.1000/- up to Rs.3000/- depending upon the economic condition and the school fees.

Eligibility for Grant:

- ✓ Orphan or Semi Orphan and the first generation Dalit Catholic girls.
- ✓ Parents without monthly salary.

The application has to be fully filled, signed by the applicant and Diocesan SC/ST Commission Secretary and sent by post to National Office.

The last date for the application to reach our office is 8th March 2018. The application is available in our Diocesan SC/ST Commission Office.

4. Upcoming Events

1. National workshop on the strategies for the implementation of the CBCI Dalit policy will be held on 20th February 2018 in ISI, Bangalore.
2. National Level Regional and Diocesan SC/ST Commission Secretaries meet on 21st February 2018, in ISI, Bangalore.

5. Requests

In order to implement the CBCI Dalit Policy and for the effective functioning of SC/ST Commission. We are in need of Vicariate Level Priest coordinator. So I kindly request all the VFs to elect or select a priest for SC/ST Commission's Vicariate Level Coordinator.

Rev. Fr. A. Arputharaj
Secretary SC/ST Commission

Youth Commission Report

Activities

1. YCS Visit in the Month of January

The following schools has been visited and motivated by Youth Commission in the month of January. Thanks to the respective Principals and Correspondent for their invitation and support.

1. St. Mary's High School, Nangathur
2. MRIC High School, Villupuram

3. St. Xavier's Mat. School, Villupuram
4. St. Xavier's Middle School, Villupuram
5. Little Flower High School, Kakkanur
6. St. Mary's High School, Odiathur
7. Sacred Heart Mat. Hr. Sec. School, Villupuram
8. St. Mary's Mat. Hr. Sec. School, Vikravandi
09. Vikravandi
10. Irundai
11. Surapattu (Adanur)

3. Social Media Training for the Youth

The Social Media Training for the Youth at Villupuram Vicariate level is held on 28th January, 2018 in Sacred Heart Mat. Hr. Sec. School, Villupuram. The main theme is "The Responsible Use of Social Media". There are 120 Youth members and YCS Students participated from various parishes and schools of Villupuram Vicariate. Mr. Robinson, Mr. Chinnaparaj are the resource persons for the training program. Special thanks to Rev. Sr. Sarguna, the Principal, Sacred heart Mat. Hr. Sec. School, for all the arrangements and Rev. Sr. Pauline, Superior for sponsoring lunch for the participants and thanks to Fr. Francis Joseph Agarwala for the support.

4. Youth Pongal Celebration

A special Pongal celebration for Youth is organized in Alagappasamutiram parish with Tamil Cultural events on 14th January 2018. Special appreciation to Fr. Samuel for his initiative support.

5. Information and Requests

Our Commission has a plan for this year to form Youth Association in all the 105 parishes, 360 substations, 23 colleges, 120 schools in our Archdiocese before 30th April 2018. So I

request all the Parish Priests and Principals to act fast regarding conducting Youth meeting in your parish and
to speed up the preparation process of Diocesan General Body of Youth Commission.

6. Upcoming Events

1. The pre-synod meeting will be held in Rome for Youth on 19-24 March 2018.
2. YCS Live in will be held in Bangalore on 14-16 June 2018.
3. Tai pilgrimage for young people will be held in Hang Kong on 18-12 August 2018
4. One day Social Awareness training for Tindivanam Vicariate Youth in St. Ann's Hr.
Sec. School, Tindivanam on 18th February 2018.

Rev. Fr. A. Arputharaj
Secretary Youth Commission

DOCTORS MESSAGE

How to Keep Your Bones Strong

The base on which our whole body is built is the skeleton, from which we get our stability, our ability to move and function. Our bones are also a factory for manufacturing red and white blood cells. It's extremely important to keep bones strong and healthy, especially in more advanced ages, when calcium seems to drain away.

A little about bone depletion:

Bone depletion, or osteoporosis, is a disease that occurs as a result of dwindling bone mass and a decrease in the levels of calcium. Along our whole life, our bones are in a continuous process of construction and destruction. However, at a young age, there is more construction than destruction. Things even out as we grow older until, in our fourth decade, destruction finally overtakes construction. As a result, our bone density drops

and our bones become more prone to fractures. When this process happens in an extreme way, it is known as bone depletion. It's important to note that losing calcium also makes the bones more sensitive, even if it happens slowly. At an older age, when our balance is not what it used to be, the danger only gets worse.

Because women start with a bone density that is already about 30% less than men's, and because they produce less estrogen as they grow older, they must face a bigger risk when it comes to bone depletion.

What is the recommended calcium amount?

The process of bone depletion in the body is a natural one and cannot be prevented. But it can be minimized in volume and influence, by maintaining our bones and building bone mass through correct nutrition.

The daily calcium amount recommended for the general population is 1000 mg a day. For adults it is 1200-1500 mg a day. In addition, vitamin D is also important, as it helps the calcium absorb in the body. So if you want to keep your bones strong, you should also consume vitamin D rich foods. You can get it from the sun or from food, but it's important to have.

10 Tips to Keep Our Bones Strong

1. Consume milk products - Every child knows that milk is rich in calcium and is essential for strengthening bones. This goes for all milk products, including cheese, yogurt and alike. If you don't like cow's milk, try soy milk enriched with calcium.

2. Add nuts to your diet - Although milk has the highest ratio of calcium to volume, it is not the only source. Some nuts and seeds have handsome amounts of calcium. A 30 gram course of almonds contains 75mg of calcium, 30 grams of sesame seeds contains 37mg of calcium and sunflower seeds have 33mg of calcium.

3. Eat dark green vegetables - Broccoli, Chinese cabbage, arugula, parsley, lettuce and others are excellent sources of calcium, and contain many additional health advantages. This will help you to also diversify your sources of calcium, which is important to maintain your health.

4. Take the right Vitamin A - Vitamin A appears in two forms. The first is retinol, which appears in animal products, such as the liver. The second is beta carotene and it is the way the vitamin comes from plants, especially orange vegetables like carrot, squash or sweet potato. Studies have found that consuming too much of retinol vitamin A raises the risk of bone fraction, while vitamin A in its plant form, Beta Carotene, does not damage the bones.

5. Strengthen your bones with Vitamin K - This vitamin helps activate 3 essential proteins that are crucial for bone health. As in the case of calcium that comes from green vegetables, vitamin K also comes from the same sources. Two daily helpings of green vegetables a day give the body as much as it needs.

6. Physical activity strengthens the bones - Sorry, you knew this was coming and its of very little surprise. When we carry out a physical activity, we create pressure on our skeleton. While it is bad to overdo it, a moderate pressure is actually very health, as it sends the body signals to create more bone cells, increase the density and make it stronger. Operate the body with moderation, and don't go to far with it.

7. Eat fish - 100 grams of sardines contain an amazing amount of over 400mg of calcium! It's recommended to consume the fresh fish of course and not the canned variety. The little bones are also edible and contain a lot of calcium. Sardines, like the salmon, are also a great source of vitamin

8. Reduce your consumption of carbonated drinks and treats - The acid that exists in some of the popular carbonated drinks raises the amount of acid in the blood. To compensate, the body uses the body's minerals, including calcium. If the calcium is not readily available in the blood, the body will take it from the bones and this will hard the density and strength of the bone. There is no problem drinking them once in a while, but if they are a daily habit then you can do a lot of damage to your bones over time.

9. Avoidance measures - Like a lot of other health problems, we return to smoking. Studies have shown that smoking harms bone density, as well as over consumption of alcohol and caffeine.

10. Resource allocation - We must carry out our calcium consumption in a smart way. Our body absorbs calcium best when it is no more than 500mg at one time. So, if you are planning on consuming a large amount of calcium rich foods or drinks, try to perhaps divide the meal or eat again later, to make sure the body is able to absorb all you are giving it.

Dr. J. Irudayaraj
Medical Consultant

Feast Mass, Ulundurpet

Feast Mass, Krishna Nagar

Feast Mass, Konankuppam

Feast Mass, Reddiyarpalayam

Blessing & Opening of New Presbytery, Nellithope

Golden Jubilee, St. Joseph's Cluny Mat.HSS, Neyveli.

Blessing & Opening of New School Building, Punitha Adaikala Annai HSS, Viriyur

Annual Retreat First Batch

2018

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Price Rs. 10.00