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Message

The Holy Father's Prayer Intention for January 2017 Christian Unity: That all Christians may be faithful to the Lord's teaching by striving with prayer and fraternal charity to restore ecclesial communion and by collaborating to meet the challenges facing humanity.

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Newsletter

Archbishop's Message

MARY, THE INSTRUMENT OF DIVINE MERCY

Reverend and dear Fathers, Brothers and Sisters, prayerful greetings to you in the Holy Name of our Lord Jesus Christ.

1. Mary, the Instrument of Divine Mercy

God is **Love** (1Jn 4:8,16); God is **rich in mercy** (Eph 2:4); God is the **Father of mercies** (2 Cor 1:3); God is **merciful** (Lk 6:36); God is **MERCY**. God's love and mercy are manifested in the more concrete, tangible, visible and supreme way in and through his son Jesus Christ. God wants all human persons to be saved and to come to the knowledge of the truth (cf. 1Tim 2:4). The saving plan of God is, indeed, the plan of divine mercy.

Jesus Christ came into the world as **saviour**, as one who saves the people from their sins (Mt 1:21). He is the **Face of the Divine Mercy**. He reveals and communicates God's love and mercy by his words and deeds, by his death and resurrection. He is the unique Saviour of humankind.

Archdiocese of Pondicherry and Cuddalore

January 2017

Message

The good news of God's mercy in Jesus Christ is the best thing that can ever be said to us and the best thing that we can ever hear. Mary is the first one to hear the best thing in the world. The good news of God's mercy in Jesus Christ is announced to her. Mary, a woman of strong **faith** and deep **humility**, by her availability to God's saving plan and by her docility to the Spirit of God, serves as the **instrument of divine mercy**. By faith and humility she conceives Jesus in her heart and in her womb.

God has chosen Mary to cooperate, to serve as instrument in the great work of salvation of humankind. She has "found favouor with God" (Lk 1:30). She is nothing on her own, but she is everything on account of the grace of God for whom nothing is impossible (Lk 1:37). By the grace of God, Mary, **the servant of the Lord** (Lk 1:38) becomes the **Mother of the Lord.** Mary is the best instrument of God's mercy. She experiences God's mercy beyond all measures.

Mary is also the first one to tell the best thing in the world, namely, the good news of God's mercy in Jesus Christ. Carrying Jesus in her heart and in her womb, Mary goes with haste (Lk 1:39) and announces to Elizabeth the good news of God's mercy in Jesus Christ. Elizabeth recognizes Mary as the **Mother of the Lord** and the child in her womb rejoices at the presence of the Lord (Lk 1:43-45).

The grace-filled heart of Mary is full of gratitude. She rejoices in the Lord, thanks and praises the Lord for all his mercies and blessings upon her and upon the chosen people of Israel. In the **Magnificat**, Mary summarizes the entire history of salvation as the story of God's mercy. "His mercy is from generation to generation" (Lk 1:50). The Lord has done great things for Mary (Lk1:49). She keeps in her heart these great things pondering over them (Lk 2:19, 51).

Mary is an eminent person of services. She did the greatest service to the humanity by bringing the Saviour of humankind Newsletter Archdiocese of Pondichery and Cuddalore

Message

🕨 🌾 January



3. New Arrangements

2017

Rev. Fr. A. Velanganni Savaridoss is relieved from the office of the Vicar Forane of Tindivanam with effect from 5.12.2016. We thank him for the services to the Vicariate of Tindivanam.

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Very Rev. Fr. S. Pitchai Muthu is appointed the new Vicar Forane of Tindivanam Vicariate (additional charge) with effect from 5.12.2016. We wish him success in his new additional responsibility.

Rev. Fr. A. Cyril is relieved from the charge of Prefect, St. Ann's Boarding, Tindivanam with effect from 2.12.2016. He is on leave. He will be residing at the Pastoral Centre, Uppalam. We thank him for his services to St. Ann's Boarding, Tindivanam.

Rev. Fr. A. Pushparaj is relieved from the office of the Parochial Administrator, St. Ann's Parish, Uluthur with effect from 10.12.2016. He is on leave and he will be residing at the Pastoral Centre, Uppalam. We thank him for his services to Uluthur parish.

Very Rev. Fr. R. Ratchagar is appointed as the priest-in-charge of St. Ann's Parish, Uluthur with effect from 10.12.2016. We thank him for having kindly accepted this additional responsibility.

4. CCBI Meeting

The General Body Meeting of the CCBI will take place from 31st January to 8th February 2017 at the pastoral Centre, Bophal. The theme of this conference is: **The Joy of Love.** Let us pray for the success of this conference.

5. Anbiyam Month

January 2017 is celebrated as Anbiyam Month in Tamilnadu-Pondicherry. The theme of "Amoris Laetitia" – Joy of Love is taken for our reflection, prayer and action. Parish priests are to see to it that this anbiyam month is celebrated in a meaningful way.

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into the world. She also took care of all the needs of the human persons. Mary remained with Elizabeth about three months (Lk 1:56) and did all the services necessary to Elizabeth in her old age. At the wedding of Cana, Mary took note that there was not enough of wine for the guests. She besought her Son who, anticipating his hour, turned water into wine and made all people happy (Jn 2:1-11).

5

We have entered into the New Year 2017, celebrating the solemnity of Mary, Mother of God. Mary is our loving mother. She takes care of us. Let us show our filial love and veneration to Mary. Veneration calls for imitation. Let us imitate Mary, our loving mother, in her life of prayer and services.

Mary is the first person in the world to hear the good news of God's mercy in Jesus Christ. She was also the first one to proclaim this good news to others. Proclamation of the good news of God's love and mercy in Jesus Christ is the best service we can do to others. With Mary and like Mary, let us proclaim both by words and deeds, the good news of God's mercy in Jesus Christ to our brothers and sisters. Let us also lovingly and cheerfully do services to all who need our services so that they may have a dignified human life. As Mary, our Mother, became the instrument of divine mercy, let us also try to become instruments of divine mercy by proclaiming the gospel and by doing services.

Holy Mary, Mother of Mercy, Pray for us

2. Monthly Allowance

The monthly allowance for our archdiocesan priests is increased from Rs. 5500 to Rs. 6500 from 1st January 2017. Parish priests will be given an additional amount of Rs. 500 towards cook allowance.

Newsletter

6. Prayer for Christian Unity

The week of prayer for Christian unity is kept from 18th to 25th January 2017. In this week let us all pray in a special way that all Christians may bear a **common witness to their common faith**.

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Message

7. Archbishop Peter Fernando: (1939-2016)

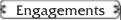
Archbishop Peter Fernando, Archbishop Emeritus of Madurai passed away on 31st December 2016. As the president of TNBC and as the Chairman of the CBCI Commission for Clergy and Religious he did great services to the church in Tamilnadu and in India. Let us pray in a special way for the repose of his soul. We offer our heartfelt condolences to the Archbishop, the Clergy, the Religious and the Laity of the Archdiocese of Madurai.

8. Accounts

Keeping accurate and update account is a serious duty and **responsibility** of the Parish Priests and the heads of the educational institutions (cf. Can. 1284). All the Parish Priests and the heads of the institutions are reminded of this serious duty and responsibility and asked to submit the accounts of the financial year 2016-2017 to the Procurator on **or before 30th April 2017**. Accounts are to be submitted to the Procurator and all the accounts will be audited only by our diocesan auditors.

9. Annual Statistical Questionnaire

The Parish Priests, Heads of Institutions and Congregations are earnestly requested to send back the duly filled-in statistical Questionnaire, List of Baptisms and Marriages before 31st of January 2017 to Fr. Secretary. January 2017



<u>10. Summer Ministry – Regency</u>

Those who wish to have the service of our seminarians during the summer are kindly requested to contact Fr. Secretary before the end of January 2017.

8

<u>11. Thank you</u>

I thank whole heartedly all the Rev. Fathers, Rev. Brothers, Rev. Sisters for their greetings to me for Christmas and New Year.

Wish you all a joyful and Peaceful New Year 2017.

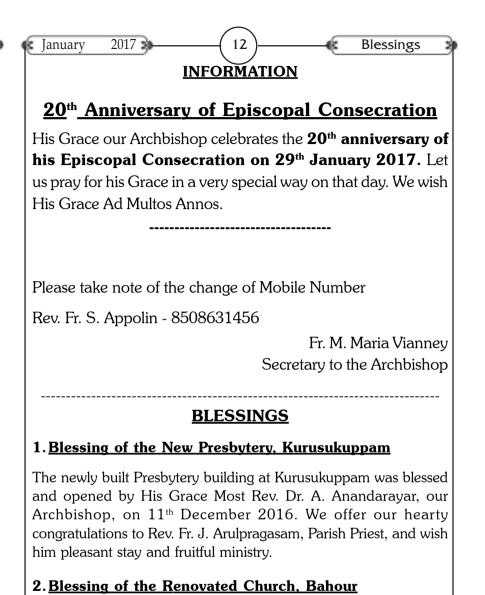
ARCHBISHOP'S ENGAGEMENTS FOR JANUARY-2017

01 CUN OF 00 mm Demodiation Cather	dral
01 SUN 05.00 p.m. Benediction, Catheo	ulai.
03 TUE 06.00 p.m. Mass, St. Antony's S Attupatti	Shrine,
06 FRI 06.00 p.m. Mass, Sacred Heart Pondicherry	Basilica,
08 SUN 06.30 p.m. Mass, Varadarajanp	et
09-13 Annual Retreat, Arc House, Pondicherry	-
13 FRI 08.00 a.m. Confirmations, Ulur	ndurpet
14 SAT 06.00 p.m. Mass, Infant Jesus C Rainbow Nagar	Church,
15 SUN 09.30 a.m. Mass, Petit Seminair Chapel, Pondicherry	
17-19 TNBC Meeting, Hos	sur.
21 SAT 11.30 a.m. Feast Mass, St. Agne Cuddalore	es' Seminary,
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23	MON	07.30 a.m.	Feast Mass, Konankupp	am	11 "	M.Chitradevi, Villupuram	500
			reacting p		12 "	I.Athufa Suman, Villupuram	250
24	TUE	10.00 a.m.	Canonists Meeting, TNI	BCLC,	13 "	L.Franics Christraj, Villupuram	200
			Tindivanam		14 "	X.Amalraj, Villupuram	100
				_	15 "	J.Jaya Prakash, Villupuram	100
25	WED	325 th Anniv	versary of the Immacu	late	16 "	Gnanaprakashi, Villupuram	100
		Conception	n Cathedral, Pondiche	erry	17"	Well wishers, St. Francis Xaiver Church, Villupuram	2720
					18"	Thennangudy Parish	5000
		05.30 p.m.	Mass, Cathedral		19"	Confirmation Children, Thennankudy	2700
		07.00 p.m.	Public Function		20 "	CTC sisters, Thennankudy	500
		07.00 p.m.	r done r drietion		21 "	Faithful, Thennankudy Parish	7190
27	FRI	09.30 a.m.	National Seminar on th	e life and 📗	22 "	Faithful, Muppaithankudy, Thennankudy	2200
			services of Rev. Fr. Loui	s l	23 "	Faithful, Sellur, Thennankudy	1140
					24 "	Faithful, Thirunallar, Thennankudy	950
			Savinien Dupuis, MEP,		25 "	Faithful, Pandaravadai, Thennankudy	80
			Pakkamudayanpet		26 "	Faithful, Surakudy, Thennankudy	350
29	SUN	10.00 a.m.	Mass, Senatus, Petit Ser	ninaira	27"	Faithful, Eravacherry, Thennankudy	270
.)	3011	10.00 a.m.			28"	Faithful, Naivacherry, Thennankudy	250
			HSS, Pondicherry		29"	Faithful, Athipadugai, Thennankudy	250
30-31	[CCBI Meeting, Bophal		30 "	Faithful, Ambagaratur, Thennankudy	250
	L		CODI Meeting, Dophar		31"	Faithful, Pazhangianallur, Thennankudy	250
		[sd]+	Most Rev. Dr. A. Ana	ndarayar	32"	Faithful, Thammanankudy, Thennankudy	250
			nop of Pondicherry and C	-	33 "	Faithful, Sethur, Thennankudy	250
			· · · · · · · · · · · · · · · · · · ·		34"	Faithful, Serumavilandi, Thennankudy	250
					35"	Faithful, Melasubrayapuram, Thennankudy	250
	AR	CHBISHOP	S EDUCATION FUND			16 Cathedral Parish	2000
No. E		Name		Amount	37"	Saint Pierre Hilair Rosaline, Pondy	10000
. 07.1	2.16 Par	ishioners. St.Xa	vier Church, Villupuram	5000	38"	J.Marie Anna Dayavady, Pondy	2002
"			tion School, Villupuram	5000	39"	Safarin Marie Rasu, Pondy	2000
8 "		nne's Convent,	•	1000	40"	S.Regis, Pondicherry	2000
l "		malorpavam, Vi	-	1000	41"	Bon Secours Convent, Pondy	2000
5 "		incent, Villupura	•	1000	42 "	Christina Martin, Pondy	1000
5 "		ohn Britto, Villup		500	43"	Priscilla Lucian, Pondy	500
"		Suresh, Villupur		500	44"	S.Marie Joseph Christian, Pondy	500
8 "		lara, Villupuram		500	45"	Cadelin Veronica, Pondy	400
) "		.Megaline, Villu		500	46"	Clodia John, Pondy	30
.0 "		owline, Villupur		500	47"	Mary Anjaline, Pondy	20

January	2017	Edu. Fund
48"	Packiam Textiles, Pondy	10
49"	R.Sam Santhosh, Pondy	10
50"	A.Joseph Benoit, Pondy	400
51"	Sri Velaayutham Constructions, Pondy	1000
52"	Vimali Eliza, Dubrayapet	50
53"	S.Rabindranath, Ramapuram	50
54"	Kurusukuppam Parish	500
55"	Petit Seminaire Hr.Sec.School, Pondy	10000
56"	St.Anne's college of Eng.&Tech, Anguchet	
57"	JMJ sisters, Marakkanam	500
58"	St.Paul's Hr.Sec.School, Neyveli	2500
5926.12.16	5 TNBCLC, Tindivanam	1000
60"	St.Joseph's College, Cuddalore	2500
61"	St.Joseph's Hr.Sec.School, Cuddalore-1	10000
6230.12.10	6 Shalom Provincialate, Tindivanam	1000
63"	Cluny Provincialate, Pondicherry	500
64"	Don Cuanella Illam, Cuddalore	500
65"	Bethlemite Sisters, Pondy-10	400
66"	St.Anne's Muthaiyar School, Panruti	300
67"	St.Anne's Matric Hr.Sec. School, Panruti	300
68"	Krupalaya, Korukaimedu	200
69"	Lumen Institute, Tindivanam	200
70"	Jacob, SIB, Pondy	200
71"	Victor, SIB, Pondy	200
72"	CTC sisters, Kommedu	150
73"	Sagayadoss Jacquline, Kovilanur	100
74"	Holy Spirit Sisters, Periapet	100
75"	Udhayam, Parangipettai	100
76"	Sathiamangalam Parish	500
77"	Mary Theresa, Sathiyamangalam	100
78"	Well wishers, Sathiamangalam	26
	Total as on 31.12.2016	42243
	Received up to 30.11.2016	2314586
	Grand Total	2356829
	[sd]+Most Rev. Dr. A	. Anandaraya
	Archbishop of Pondicherry	and Cuddalor
News	letter Archdiocese of Pon	dicherry and Cuddalore



The renovated church of Our Lady of Victory, Bahour was blessed and opened by His Grace Most Rev. Dr. A. Anandarayar, our Archbishop, on 18th December 2016. We offer our hearty congratulations to Rev. Fr. K. J. Yesu Nazarane, Parish Priest, and thank the parishioners and donors for their generous contributions.

Newsletter

January 2017 (13)

3. Blessing of the Renovated Church, Sathiyamangalam

The renovated church of St. Antony, Sathiyamangalam was blessed and opened by His Grace Most Rev. Dr. A. Anandarayar, our Archbishop, on 27th December 2016. We offer our hearty congratulations to Rev. Fr. M. Gaspar, Parish Priest, and thank the parishioners and donors for their generous contributions.

NECROLOGY

Please pray for the repose of the souls of Rev. Frs.:

03-01-1957 - Chaumartin J, MEP	10-01-1972 - Palliparambil A.
03-01-2011 - Arokiaraj R. S.	11-01-1985 - Gnanamanickam I.
04-01-1984 - Lourdusamy A.	14-01-1951 - Seyres B., MEP
04-01-1975 - Abel M.	17-01-2003 - Lazar Montfort
04-01-1998 - Viallet Henri A. MEP	22-01-2008 - Irudayam P.
06-01-1969 - Curtin M.	25-01-2000 - Arulappan A.
07-01-1963 - Jacob Pazhampallil	25-01-2013 - Pennal Gerard, MEP
07-01-1987 - Solomon E.	26-01-2007 - John Bosco V.
07-01-1995 - Irudayasamy A.	28-01-1977 - Massot C, MEP
08-01-1987 - Emmanuel Melvattam	28-01-1984 - Irudayaraj K. G.
09-01-1965 - Swamikannu P. A.	31-01-2007 - Adaikalasamy S.
10-01-1962 - Antonisamy T.	

FROM THE DESK OF VICARS

Our Blessed Mother from the first day of 2017 till the last day of this New Year showers protection and well-being for the children of God. May we enjoy it and share it with all as the Blessed Virgin Mary with the people of God and Christ's faithful. May all enjoy good-health and never suffer in vain but gain.

Praise the Lord: God offers to all of us a simple Archbishop with talented priests, fruitful religious and committed lay people for the well-being of the Local Church. Let us sincerely and genuinely

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Necrology

Vicars' Desk

appreciate, inspire, guide and be guided towards the deeper growth of unity and charity among us and around us.

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Art of Communication: The intense consciousness (God) of the word of the God (Jesus) urge everyone of us to communicate the Spirit of God (Holy Spirit) to all as consecrated persons (Baptism, Call, Mission). Let us appreciate all those who have been sharing the concerns of the church through Newsletter and Sarvaviabi and invite those responsible to share the concerns of the Local Church through the news letter without fail.

What we share binds us together and helps us to be in the awareness of ourselves and our service. What we receive from the newsletter will serve all of us for our dialogue in our normal gatherings especially vicariate meetings. Since all of us are responsible for the Local Church, let us share with others all that are important for the people, the priests and the religious. Let us appreciate our Secretary and the press for serving us so well. Kindly send your information before time to Fr. M. Maria Vianney to edit the newsletter.

<u>Pilgrims on Earth:</u> All of us are pilgrims in this earth; let us be rooted in the Risen Lord than with any place or person or office which will pass away. Detachment will help attachment and attachment will help detachment so that we enjoy the freedom of the children of God. Let no-thing, no-body enslave us directly or indirectly, so that we are free to be with all and free from all.

Be Ecclesial: With our wondered human nature let us be a community of believers always in everything and in all places. No individualistic living and serving which is isolation and authoritarian. Let us consult our Archbishop, Priests, Religious and the laity for any undertaking in the Local Church. Parish Council and Finance Committee is the new way of being the church. If there is no functional, relational and inspirational parish council or finance committee we could say that there is no church or parish. May we not delay in establishing the participatory structures in guidance and decision making us to go beyond mere devotional and ritual way of belief today.

Newsletter

🔹 Accounts

🕼 Tribunal

Therefore let us gather, dialogue, plan and get it approved by the people of God and then proceed towards implementation etc. from the beginning of this New Year 2017. May God bless all of us.

15

<u>Junior Clergy</u>: The Priests ordained in the years 2014, 2015, 2016 are asked to get ready for their Junior Clergy Meeting with the assignment on <u>"The Forthcoming Synod of the Archdiocese</u> <u>of Pondicherry" A Canonical Perspective based on Canons</u> <u>460 – 468.</u> Prepare your assignment and hand it over to Rev. Fr. Melchizedech, Chancellor & Archivist before 25th January 2017. The date for the meeting will be announced later.

Very Rev. Msgr. A. Arulanandam Very Rev. Msgr. A. Louis Vicar General Episcopal Vicar

FROM THE DESK OF FR. PROCURATOR

Mass Intentions received in December - 2016

Date	Name of the Parish	No. of Masses
30.11.2016	Cuddalore O.T.	69 mass intentions
03.12.2016	Vinoba Nagar parish	225 mass intentions
07.12.2016	Villianur Parish	211 mass intentions
12.12.2016	Cuddalore O.T. Parish	37 mass intentions
13.12.2016	Nellithope Parish	320 mass intentions

Binated / Trinated Mass Intentions received

Date 03.12.2016	Name of the Priest Fr.A.J.Lawrence	No. of Masses 6 mass intentions
	Rev. Fr. J.M. Gre	egory Louis Joseph Procurator
Newslette	er Archdic	cese of Pondicheny and Cuddalore

get it approved by the plementation etc. from	VOICE FROM METROPOLITAN MATRIMONIAL TRIBUN	<u>AL - 75</u>
God bless all of us.	REPORT OF THE ACTIVITY OF THE METROPOL	.ITAN
years 2014, 2015, 2016 lergy Meeting with the I of the Archdiocese	MATRIMONIAL TRIBUNAL OF THE ARCHDIOCESE OF PONDICHERRY & CUDE IN 2016	DALORE
hand it over to Rev. Fr. bre 25 th January 2017. later. y Rev. Msgr. A. Louis	Reverend and dear Fathers, I here below submit a short report of the activity of our Me Tribunal in 2016. I am happy to inform you that our Me Tribunal has concluded 30 cases (by nullity 29 case Reconciliation 01 case) and Petitions rejected and not regist 05 in 2016. I take this opportunity to thank our Archbish	etropolitar es and by tered were op for his
Episcopal Vicar	support, the collaboration of the tribunal personnel and you Fathers for your kind cooperation. I wish you A Happy 2017.	•
ROCURATOR	1) ACTIVITY OF THE TRIBUNAL IN FIRST INSTANCE -	IN 2016
ecember - 2016	I/ NULLITY CASES	
No. of Masses 69 mass intentions 225 mass intentions 211 mass intentions 37 mass intentions	 Causes pending at the beginning of the year 2016 Causes introduced and accepted in 2016 Petitions rejected and not registered in 2016 	10 27 05 42
320 mass intentions	4) Causes closed in 2016 Through the Sentences given in favour of Nullity	30 29
tions received	Through Reconciliation	01
No. of Masses 6 mass intentions	 Through Suspension (c.1518) 5) Causes pending at the end of the year 2016 6) The Sentences given in favour of Nullity were on the Grounds 	 07 following
e gory Louis Joseph Procurator	 Grounds 1) Lack of Due Discretion of Judgement- (C-1095 2°) 2) Inability to Assume Marital Obligations - (C-1095 3°) 3) Deceit - (C-1098) Cases 4) Partial Simulation - (C-1101 §2) 	23 Cases 1 Case - 16
cese of Pondicheny and Cuddalore	Newsletter Archdiocese of Pondicherry ar	nd Cuddalore

2017

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January

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20



Exclusion of Bonum Prolis- 4 CasesExclusion of Bonum Fidei- 1 CaseExclusion of Bonum Coniugum- 4 Cases5) Force and Fear- (C-1103)- 7 Cases

Sd/ Fr. S.Pascal Raj Judicial Vicar

New Beatitudes: The Pope has offered a new list of Beatitudes at a Catholic Mass in Malmo, Sweden. He said in his message, as Christian saints have done throughout the ages, Christ's followers today are called "to confront the troubles and anxieties of our age with the spirit and love of Jesus. New situations require new energy and a new commitment."

The new list of beatitudes he offered:

Blessed are those who remain faithful while enduring evils inflicted on them by others and forgive them from their heart.

Blessed are those who look into the eyes of the abandoned and marginalized and show them their closeness.

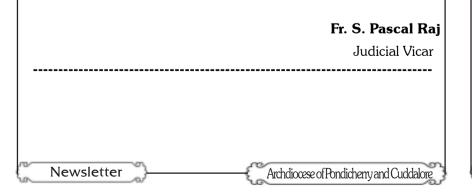
Blessed are those who see God in every person and strive to make others also discover him.

Blessed are those who protect and care for our common home.

Blessed are those who renounce their own comfort in order to help others.

Blessed are those who pray and work for full communion between Christians. (Ref: Smart Companion India – December 2016, p.20).

For your kind information: I am in First Batch Annual Clergy Retreat from 09th to 13th January and TNCA meet at TNBCLC, Tindivanam 23rd & 24th January 2017. Thanking you.



COMMISSIONS AND REPORTS

ST. XAVIER'S PASTORAL CENTRE

18

Commissions

Dear Rev. and Loving Fathers,

2017

Ianuary

Greetings from Fr. Philomindoss, the Director and wish you all a Happy and Prosperous New Year 2017. I thank you all for your generous cooperation and enthusiasm that you have shown to the Pastoral ministry of our Diocese in the year 2016. This year, being the starting year of the great event of the Synod of our Diocese in 2019, I exhort you to continue to work together with the clear Vision of making our people who are the disciples of our Lord into the community of the Kingdom of God.

To Our Parish Priests

Last month, I sent you a questionnaire to assess the Pastoral situation of your parish. Around ten Parish Priests have sent them duly filled and I thank them and request the others to send it as early as possible. Along with our traditional Pastoral ministry, if you plan some pastoral activities with clear vision of your community, kindly make use of the centre and the commissions freely.

<u>Madha T.V.</u>

Old and Historical parishes can make a documentary of your church and mission with the help of Madha T.V. Team and get it broadcasted in the programme called "Myak; mwpnthk;" at the cost of 10,000 rupees. Please contact me for future details. Also select 3 or 4 good families who are really exemplary Christians whose family life can be interviewed, recorded and broadcasted in the Programme ",y;yQQQ';fspy; ,iwahl;rp" at the cost of Rs.2,000/- par family. The Madha T.V. team will come and record the programme. Thus our churches and Christian families can be brought to light and people may have the knowledge of our churches and Christian life.

Anbiyam: (Basic Ecclesial Community) BEC

Last month on the 15th we had the third meeting of the Secretaries of BEC Commission of all the dioceses of Tamil Nadu at Chenglepet

Newsletter

—— 🤹 Commissions 💈

Pastoral Centre and discussed about the meaningful celebration of the Anbiyam Month. i.e. January 2017.

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Following that, one day Seminar was organized in our Pastoral Centre on 17th December for all the Chief coordinators of all the Parishes of our Diocese. 35 Parishes were represented. We have given a good animation to them and kindly make use of them for the meaningful celebration of the Anbiyam month which has the main theme "குடும்பத்தில் மகிழ்ச்சி".

Rev. Sr. R. Pushpa, FSAG, Rev. Sr. Sophia Mary, FIHM and Rev. Sr. Cecily, SJC animated the group along with me. The first two Sisters underwent one month course on "The Theology of the basic Ecclesial Community" conducted by the National Commission for BEC at Nagpur from 9th November to 9th December 2016. I thank our Archbishop for sponsoring this course for the Sisters.

Secretaries of the Commissions

On 28th November, we had the Secretaries Meeting of all the Commissions at the Archbishop's House. Except a few commissions, all the commission's Secretaries submitted their report for this year. I thank all the Secretaries for their marvellous works that they are doing for our parishes. As you have projected, I encourage the Secretaries to enthusiastically execute their plans in this new year making use of the centre's cooperation.

<u>Events</u>

29th November, in our centre the meeting of the monitoring committee of the SC/ST Commission was conducted under the Presidentship of our Archbishop.

On 17th December we had one day Charismatic Prayer meeting organized by the commissions for Evangelization and Charismatic Renewal. Around 350 people from the parishes of Pondicherry, Cuddalore, Villupuram and Tindivanam attended and profited by it. Rev. Fr. M.I. Raj from Chennai from the Congregation of the Holy

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January 2017



Eucharist conducted the Prayers very effectively. The people appreciated the sessions whole heartedly.

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On 18th December the Bible Commission has conducted one day seminar on "Infancy Narratives" in the Bible.

Prayer Meeting of January

On 14th January Saturday we will be having one day Charismatic Prayer meeting in our Pastoral Centre. Rev Fr. Octavious the Parish Priest of Vettavalam and the former Director of Emmanus Spirituality Centre, Sithanangur will conduct the prayer services with special emphasis on healing and deliverance along with the rosary and Holy Mass from 09.30 A.M. to 04.30 p.m. I request the Parish Priests to announce about it so that those who are interested can make use of this opportunity.

Conference of the Diocesan Priests of India (CDPI)

On 24th November as the National President of the CDPI, I attended the Executive Committee Meeting at Warangal, Telungana in which will plan to have the national council meeting of the CDPI in Kolkata in the month of March 2017 from 14th to 17th, with the central theme of **"The Life and Mission of the Diocesan Priests as Reflected in the Life and Mission of Saint Theresa of Kolkata".** Rev. Fr. A. Devadoss, the President of the Executive Committee of CDPI Pondicherry will attend the meeting.

Fr. A. J. Philomindoss

Director

<u>Report of the National Family Commission seminar on AMORIS</u> <u>LAETITIA 29th Nov – 1st Dec, Patna</u>

The National family commission seminar on AMORIS LAETITIA (The joy of love) was held in the pastoral centre at Patna from 29th Nov till 1st Dec 2016. The main theme of the seminar was "The joy of love",

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the post-synodal apostolic exhortation. The central theme of the Pope's exhortation is on love in the family.

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The seminar started after the words of welcome with the inaugural mass said by the Most Rev. Lawrence Pius, Chairman, CCBI family commission in his homily his lordship introduced the purpose and the theme of the national seminar. Around 140 diocesan and regional secretaries of the family attended the seminar.

I. Bird's eye view of AMORIS LAETITIA:

Fr. Milton consalves Executive secretary CCBI family gave the bird's eye view of AMORIS LAETITIA. He said the apostolic exhortation, the joy of love on the family was signed by the -Pope on (19.13.2016). It is the result of the two synods convoked by Pope Francis in 2014 and in 2015. There are 9 chapters in it

1. "In the light of the Word of God" (8-30) Pope reflects the family in the light of the Holy Scriptures. The Bible is "full of families, births, Love stories and family crises"

2. "The Experiences and challenges of families"(31-57) Pope considers the current situation of the families and the many challenges the family faces today.

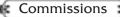
3. "Looking to Jesus: The Vocation of the Family" (58-88) The 30 Paragraphs depict the vocation of the family according to the gospel as affirmed by the church over time. It stresses the theme of indissolubility, the sacramental nature of marriage, the transmission of life and the education of children.

4. "Love in marriage" (89-164) In this chapter the Pope forcefully stresses the fact that conjugal love by its very nature defines the partners in a richly encompassing and lasting union.

5. "Love made fruitful" (165-198) This chapter entirely focuses on love's fruitfulness and procreation.

6. "Some pastoral perspectives" (199-258) In this chapter Pope treats various pastoral perspectives that are aimed at forming solid and fruitful family according to god's plan.

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7. "Towards a better education of children" (259-290) Chapter 7 is dedicated to the education of children: Their ethical formation, moral formation, Religious formation, Practical wisdom and skills.

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8. "Guiding, discerning and integration weakness" In this chapter Pope deals with the pastoral perspectives he uses three important verbs, guiding, discerning and integrating which are fundamental in addressing complex or irregular situations.

9. "The spirituality of Marriage and the family": (313-325) This chapter is devoted to marital and family spirituality which is made up of thousands of small but real gestures. In the family those who have deep spiritual aspirations grow in the life of the spirit i.e. they follow the path that leads them to a mistrial union.

The Apostolic exhortation concludes with a prayer to the holy family.

II. Evangelization of the Family:

Mr. Frank Padilla from Philippines said the following things.

Three things to happen in the life of people.

- 1. Encounter Christ
- 2. Live Christ
- 3. Share Christ

III. Live Christ, Share Christ:

Every family has to thrive on the Word of God they have to make a commitment to lead the bible everyday then only they will live Christ and share Christ with others. On the final day His grace Most. Rev. William D'souza, Archbishop of Patna, Offered the mass and stressed the importance of the formation of the couples.

Every regional gathering made future planning in which the families are to be trained to be a part of the live Christ, share Christ movement. From our Archdiocese Fr. S. Maria Joseph, Secretary for Family Commission participated in this seminar.

> **Rev. Fr. S. Maria Joseph** Secretary, Family Commission

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Dr's Message

addressed the gathering, he also explained the aim and duties of monitoring committee. The members shared their expectations in order to improve the commission activities.

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02. Dalit Christians Liberation Sunday

11th December 2016 was observed as DALIT CHRISTIANS LIBERTATION SUNDAY in all the parishes of our Archdiocese. In some parishes awareness processions and cultural events were conducted by the parish priests.

03. Promulgation of CBCI Dalit Policy

The Catholic Bishops' Conference of India (CBCI) promulgated of the "Policy of Dalit Empowerment in the Catholic Church in India" on 13th December 2016 in New Delhi. Most Rev. Theodore Mascarenhas, the Secretary general of CBCI explained about the need for the Dalit policy. The Document was released by His Eminence Baselios Cardinal Cleemis, the president of CBCI.

The Catholic Church has been working for the development of the Dalits, who are majority in the church, all these years through education and other social development programs. Through the CBCI Dalit policy the Catholic Church in India recommits itself to empower the Dalits through systematic and scientific approach and well established mechanism. It is our hope that the CBCI Dalit policy will change the lives of many Dalits in the Catholic Church. We wish that it will also show clearly to the civil society the affirmative stand on the poor and marginalised.

Fr. A. Arputharaj

Secretary, SC/ST Commission.

<u>Doctor's Message</u> <u>Exercises That Will Improve Your Eye Health!</u>

Other than our heart, our eye muscles are the hardest working muscle group in the body. It doesn't matter whether you're at work, at the gym or relaxing at home – we still stare at screens. These habits weaken our eye muscles, making them tired and less efficient, which in turn weakens our eyesight and exacerbates existing problems. These six easy exercises will reduce the strain on your eyes – a leading cause of tension and tiredness. Important: Take a 20-second break between each set.

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1. Focusing on Different Distances. This exercise works on the inner eye muscles. Repetitions: 5, Sets: 3

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Stand or sit comfortably. Place your thumb approximately 10 inches away from your face and focus on it. Take a deep breath and focus on an object that's 10-20ft away. Repeat by changing focus between objects with every deep breath.

2. Stretching the Medial and Lateral Eye Muscles. This exercise will stretch and strengthen the muscles that control the eye's horizontal and vertical movement. Repetitions: 3, Sets: 3

Sit comfortably while maintaining an upright position. Look at the leftmost point you can without moving your head. Focus on this point for 5 seconds. Blink a few times and return the eye to its normal resting state. Look at the rightmost point you can without moving your head. Focus on that point for 5 seconds. Blink a few times and return the eye to its normal resting state. Repeat the exercise by looking at the upper-most/lowest point. Remember to blink between each stretch.

3. Relaxing the Eyes: This exercise will reduce tension and stress around the eyes and is recommended when taking a break from working on the computer. Duration: 5-10 minutes

Sit comfortably and take a few deep breaths. Lean your elbows on a desk (place a pillow underneath to reduce strain on the elbows). Rub your palms together to warm them up. Close your eyes and cover them with your palms. Your fingers should be on your forehead, and the bottom of your palms should lean on your cheekbones. Make sure not to put pressure on your eyes by pressing your palms on them. To be sure, try blinking. Remain in this state for 5-10 minutes (it's recommended that you use a timer). If your eyes still feel tired, repeat it.

10-15 seconds, and then slowly close your eyes. Take a few deep breaths to increase your blood flow. Visualize that the clean air you're inhaling going into your eyes. Exhale, then repeat for a minute.

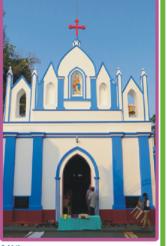
To be continued....

Dr. J. Irudayaraj, Medical consultant will be available at the Petit Health Care during the Retreat from 9-01-17 To 12-01-17 between 4pm to 6 pm for consultation and health check

> Dr. Irudayaraj Medical Consultant

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Blessing of the renovated Church, Bahour



Blessing of the renovated Church, Sathiyamangalam

Christmas Celebrations



with Senior Priests, Emmaus

Petit Seminaire HSS



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