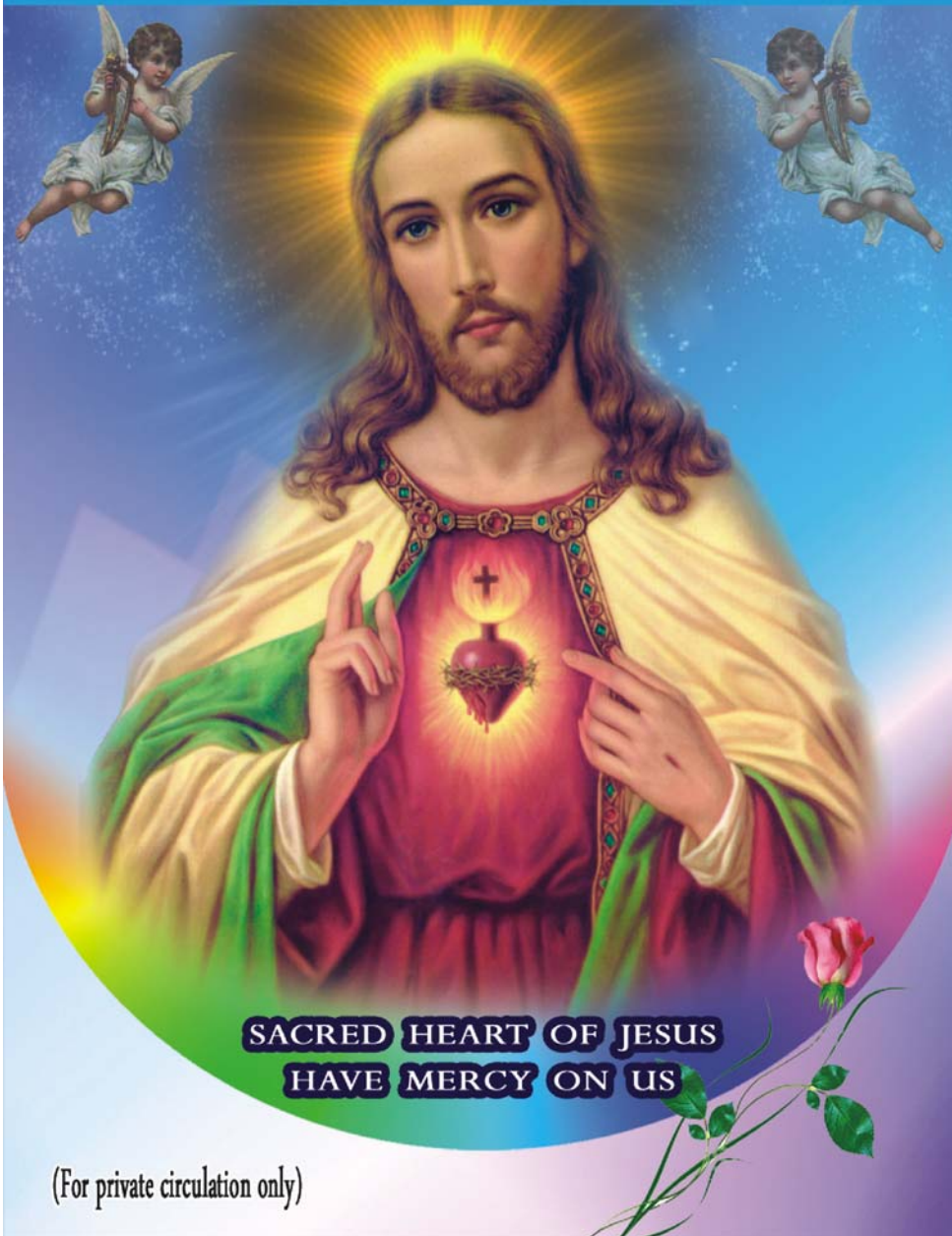




# ARCHDIOCESE OF PONDICHERRY & CUDDALORE NEWSLETTER

JUNE 2017

VOL. 34 NO. 6



**SACRED HEART OF JESUS  
HAVE MERCY ON US**

(For private circulation only)

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**Mission: National Leaders:** That national leaders may firmly commit themselves to ending the arms trade, which victimizes so many innocent people.



### ARCHBISHOP'S MESSAGE



### Sacred Heart of Jesus

#### 01. Compassionate Heart of Jesus

On Friday, 23<sup>rd</sup> June 2017, we celebrate the solemnity of the Sacred Heart of Jesus. The celebration of the Sacred Heart of Jesus is indeed, the celebration of God's love and mercy, poured on the humanity in and through Jesus. The heart of Jesus is filled with compassion when he sees the people in suffering, in need and in pitiable conditions. He feeds the hungry; he heals every disease and infirmity; he forgives the sinners, he comforts the afflicted.

All the four evangelist speaks about the multiplication of the five loaves (Mt. 14:13-21; Mk. 6:30-44; Lk. 9:10-17; Jn. 6:1-13). Two evangelists speak about the multiplication of the seven loaves (Mt. 15:32-39; Mk. 8:1-10).

Jesus **looks at** people in their concrete life-situations. He **Perceives** the concrete need of the people. "They (people)

have been with me now three days, and have nothing to eat . . . and some of them have come a long way" (Mk. 8:2-3).

This **perception** of Jesus leads him to **compassion**. "I have compassion on the crowd" (Mk. 8:2). Jesus does not want to send away the people hungry to their homes; they may faint on the way. Jesus has not only sympathy for the people but also empathy for them. Jesus suffers not only **with** the people but also **in** the people.

The **compassion** of Jesus leads him to **action**. Jesus wants to feed the hungry people. He wants to involve his disciples in the service of feeding the hungry. The people are in big numbers; the place in a desert. The disciples hesitate, object and protest. "This is a lonely place, and the day is now over; send the crowds away into the villages and buy food for themselves" (Mt. 14:15). "How can one feed these men with bread here in the desert?" (Mk. 8:4). And Jesus said, "they need not go away, you give them something to eat" (Mt. 14:16).

**Five loaves of bread** and **two pieces of fish** are placed **in the hands of Jesus**. Jesus praises God, blesses the bread and the fish and gives them to the disciples to be distributed to the people. Five thousand men, besides women and children, ate and were satisfied (Mt. 14:20-21). Little things are not little in the hands of Jesus; small things are not small in the hands of Jesus. In the presence Jesus and by the presence of Jesus, miracles take place and wonders happen. The compassionate heart of Jesus feeds the hungry.

We need to have in us the heart and mind of Christ, the dispositions and attitudes of Christ, in order to venerate the Sacred Heart of Jesus in a worthy manner. We should look at all the persons **with the eyes of Christ** and try to understand the concrete needs, desires, problems and difficulties of our people.

We should love all the persons **with the heart of Christ**. We should express our concern for and solidarity with our people especially with the poor and the suffering. "The joy and hope, the grief and anguish of the men of our time, especially of those who are poor or afflicted in any way, are the joy and hope, the grief and anguish of the followers of Christ as well" (G.S. no. 1). There is so much of disease, poverty and hunger around us. Many children daily die due to hunger and malnutrition. Our farmers are suffering a lot. Despair leads many to suicide. Water scarcity is a big problem. Medical facilities and educational opportunities are not easily available to the poor.

Our care, concern and compassion for the people, especially the poor and the afflicted, should lead us into action. We should do something concretely, here and now to help the poor and the sufferings. We should generously share our resources with the poor and the needy.

Those who have received, should learn to give; those who have received much, should learn to give much. We have received much from the Sacred Heart of Jesus let us learn to give much to our brothers and sisters in need.

◆ **Let us look at all persons with the eyes of Christ**

◆ **Let us love all persons with the heart of Christ**

## 02. New Bishop of Kottar

**Very Rev. Fr. Nazarene Soosai** has been appointed as the New Bishop of Kottar. We offer our Hearty Felicitations to His Excellency Nazarene Soosai and wish him success in his Episcopal ministry.

## 03. 104<sup>th</sup> Parish – Seppakkam

On 24<sup>th</sup> May 2017, Seppakkam mission has been canonically created into a parish and Rev. Fr. L. Vincent has been appointed as the new Parish Priest of the newly created Seppakkam parish. We our hearty Felicitations to the pastor and the faithful of Seppakkam parish.

## 04. Laity Sunday

Sunday, 20<sup>th</sup> June 2017 is celebrated as the Laity Sunday. The theme is “இறையாட்சிப் பணியும் சான்று வாழ்வுமே பொதுநிலையினரின் அழைப்பு” The laity play a vital role in the life and mission of the church. By their life of witness and dedicated services they build of the kingdom of God. On this day let us all pray in a special way for our lay faithful.

## 05. Happy Birthday

Our Blessed Archbishop Most Rev. Dr. S. Michael Augustine is having his 84<sup>th</sup> Birth Anniversay on 9<sup>th</sup> June 2017. We wish His Grace a very Happy Birthday and pray for him in a special way on that day.

## 06. Hearty Thanks

I greatly appreciate and thank **Rev. Fr. Maria Vianney**, for his devoted services as my secretary and wish him every success in his new office.

## 07. Hearty Welcome

I extend a cordial welcome to Fr. A. Kulandai Yesu Raja, my new secretary and wish him success in his responsibilities.

**ARCHBISHOP'S ENGAGEMENTS FOR JUNE -2017**

Date	Day	Time	Event
04	SUN	08.00 a. m	Confirmation, T. Athipakkam.
11	SUN	07.30 a.m.	Confirmation, Karaikal.
13	TUE	08.30 a.m	Feast Mass, Mel- Nariappanur.
		06.30 p.m	Feast Mass, Attupatti.
16	FRI	10.30 a.m	Mass, Lumen Institute, Tindivanam.
18	SUN	08.00 a.m	Confirmation, Cathedral.
20	TUE	06.00 p.m	Board meeting, TNBLC, Tindivanam.
23	FRI	08.00 a.m	Feast Mass, Confirmation, Anilady.
24	SAT	11.00 a.m	Fesat, Mass, FIHM, Generalate, Pondicherry.
25	SUN	07.00 a.m	Feast Mass, Tagore Nagar.
		12.00 p.m	Feast Mass, Sacred Heart Basilica.
26-28			TNBC Labour commission meeting, Ooty.

[sd/]Most Rev. Dr. A. Anandarayar  
Archbishop of Pondicherry-Cuddalore

**ARCHBISHOP'S EDUCATION FUND**

S.No.	Date	Particulars	Amount
1	06.05.17	Adaikala Annai Hr.Sec.School, Viriyur	50000
2	"	Viriyur Parish	8000
3		"First communion and confirmation children, Viriyur	7000

4	"	Parishioners, Viriyur	2000
5	"	People of Vadasiruvallur, Viriyur	1000
6	"	Adaikala Annai Komisiyam, Viriyur	1000
7	"	Antoniammal, Viriyur	1000
8	"	L.Jayaraj, Viriyur	500
9	"	S.Paulraj, Viriyur	500
10	"	FIHM Generalate, Pondicherry	10001
11	08.05.17	St.Joseph Church, Vinoba Nagar	3000
12	"	St.Joseph Church, Vinoba Nagar	2000
13	"	Dr.Jude Ernest Dileep, JIPMER	2000
14	"	Vernose Anthone, Vinoba Nagar	1000
15	"	Sacred Heart Basilica, Pondicherry	20000
16	09.05.17	Thely Parish	5000
17	"	Confirmation Children, Thely	5000
18	"	P.Vanathiyan, Thely	5000
19	"	L.Lourdunathan, Thely	5000
20	"	S.Marianathan, Kanai	2000
21	"	"SFS Matriculation School, Perumbakkam	2000
22	"	Louis, Kanai	1000
23	"	St.Peter Anbiyam, Kanai	1000
24	"	A.Sagayanathan, Thely	1000
25	"	Parishioners, Thely	1000
26	"	People of Kanai, Thely Parish	1000
27	"	Legion of Mary, Kanai, Thely	500
28	"	A.Kanickairaj, Kanai	500
29	"	People of Lakshmipuram	310
30	"	S.Rosario, Catechists	200
31	"	St.Antony Anbiyam, Thely	200
32	"	Legion of Mary, Thely	200
33	"	St.Xavier Anbiyam, Thely	200
34	"	St.Arokia Madha Anbiyam, Thely	200
35	"	St.Arulanandar Anbiyam, Thely	200
36	"	A.Maria John, Lakshmipuram	200
37	"	P.Selvaraj, Thely	200
38	"	T.John Bosco Matriculation School, Kandachipuram	200
39	"	Joseph, Karungalipattu	100

June	2017		Edu. fund
40	"	J.Glagent, Thely	100
41	"	Infant Jesus Anbiyam, Thely	100
42	"	Lourdu Madha Anbiyam, Thely	100
43	"	Gnanapradass, Karungalipattu	100
44	"	Palthazar, Karungalipattu	100
45	"	Makgoss, Karungalipattu	100
46	"	Raji, Karungalipattu	100
47	"	Maridoss, Karungalipattu	100
48	"	S.Arumugam, Karungalipattu	100
49	11.05.17	Shalom Province FSAG, Tindivanam	10000
50	"	Gonzaga Generalate, Pondicherry	25000
51	16.05.17	St.Pauls Mat. Hr.Sec.School, Neyveli	25000
52	"	St.Antony's Matric School, Neyveli	25000
53	"	Presentation Church, Neyveli	25000
54	"	Cluny Convent, Neyveli	20000
55	"	Ajith Peter Vianney, Neyveli	2000
56	"	A.Jude, Neyveli	1000
57	"	S.Amalorpavanathan, Neyveli	500
58	"	Legion of Mary, Neyveli	500
59	17.05.17	Fatima Matric HSS, Vriddhachalam	10000
60	"	Parishioners, Vriddhachalam	6000
61	"	Legion of Mary, Vriddhachalam	4000
62	"	S.Moses, Vriddhachalam	2100
63	"	P.Anthonisamy, Vriddhachalam	2000
64	"	"Father Olivier Educational Association, Vriddachalam	1000
65	"	"Emmaus Prayer Group. Vriddachalam	1000
66	"	Legion of Mary, Velangathur, Vriddachalam	1000
67	"	A.Jaganathan, Vriddachalam	500
68	"	T.Amaladoss, Vriddachalam	500
69	"	Selvaraj, Vriddachalam	500
70	"	"People of Anthoniyar Nagar, Vriddachalam	500
71	"	People of Thoravanur, Vriddachalam	501
72	"	Reginamary, Vriddachalam	500
73	"	Legion of Mary, Kavanur and Keeramangalam, Vriddachalam	500

June	2017		Edu. fund
74	"	P.Jeevaraj, Vriddachalam	500
75	"	A.Arputharaj, Kavanur	300
76	"	Legion of Mary, Thoravanur, Vriddachalam	300
77	18.05.17	Idhaya EnggCollege for Women , Chinnasalem	10000
78	"	"Little Flower Hr.Sec.School, Chinnasalem	5000
79	"	"Immaculate Convent, Chinnasalem	1000
80	"	Chinnasalem Parish	2500
81	20.05.17	Fatithful, Mel-nariappanur	5000
82	"	Confirmation Children, Mel-nariappanur	3000
83	"	St.Louis Convent, Mel-nariappanur	500
84	"	Eraiyr Parish	10000
85	"	Confirmation Children, Eraiyur	10000
86	"	S.Amaladoss, Eraiyur	2000
87	"	People of Vadakurumbur, Eraiyur	1000
88	"	Kariyakarargal, Eraiyur	1000
89	"	Legion of Mary, Eraiyur	500
90	"	Well wisher, Eraiyur	3000
91	23.05.17	Sathipattu Parish	10000
92	"	Confirmation Girls, Sathipattu	7000
93	"	Confirmation Boys, Sathipattu	6000
94	"	"Teachers, St.Peters High School, Sathipattu	2000
95	"	Immaculate Convent, Sathipattu	1000
96	"	R.C.Primary School, Sathipattu	1000
97	"	Choir group, Sathipattu	1000
98	"	Legion of Mary, Sathipattu	700
99	"	Alter Boys, Sathipattu	660
100	"	Students, Viragalur, Sathipattu	500
101	"	St.Vincent D Paul, Sathipattu	500
102	"	Kangan family, Sathipattu	1500
103	"	V.Victor, Sathipattu	1500
104	"	A.Munnapparaj, Sathipattu	1500
105	"	R.Periyamayagam, Sathipattu	1500
106	"	"R.Martin Louis, Sathipattu	1500
107	"	"A.Chinnapparaj, Sathipattu	1500
108	"	P.Arokiadoss, Sathipattu	1500

June	2017	165	Edu. Fund
109	"	S.R.Lourdusamy, Sathipattu	1000
110	"	K.A.Selvaraj, Sathipattu	1000
111	"	R.Anthoni, Sathipattu	500
112	"	M.Arokiadoss, Sathipattu	500
113	"	P.Susairaj, Sathipattu	500
114	"	V.Savari Franklin, Sathipattu	500
115	"	A.Pravin Raj, Sathipattu	500
116	"	R.Melchior, Sathipattu	500
117	"	A.James, Sathipattu	300
118	"	S.Alexander, Sathipattu	200
119	"	A.Muddiyappan, Sathipattu	200
120	"	M.C.Stanislaus, Sathipattu	100
121	"	V.Jecy Christina, Sathipattu	100
122	"	S.Christuraj, Sathipattu	100
123	"	A.John Michael, Sathipattu	100
124	"	A.Selvarayar, Sathipattu	100
125	"	Doni Princy, Sathipattu	100
126	"	Chinnapparaj, Sathipattu	100
127	"	Euangaline Lydia, Sathipattu	100
128	"	Well wisher, Sathipattu	3400
129	"	Reddiayarpalayam Parish	5000
130		Confirmation Children, Reddiayarpalayam	10000
131	"	Nellithope Parish	20000
132	"	Confirmation Children, Nellithope	5000
133		"First communion and confirmation children, Konankuppam	7500
134	"	St.Franics Xavier Parish, Villupuram	5000
135	"	St.Teresa's Provincialate, Salamedu	2000
136	"	P.Francis Christraj, Villupuram	100
137	"	S.John, Villupuram	100
138	"	Well wisher, Villupuram	110
139	25.05.17	Muthialpet Parish	17237
140	"	R.Arulsusai, Muthialpet	1000
141	"	C.Joseph Juvenal, Muthialpet	500
142	"	Packiam Textiles, Pondicherry	200
143	"	Irin Priyadharshini, Muthialpet	600
144	"	A.Sandra Talma, Muthialpet	300

June	2017	166	Edu. Fund
145	"	Anjalini Talma, Muthialpet	300
146	"	C.Velanganni, Muthialpet	230
147	"	T.Joe Sylvisha, Muthialpet	100
148	"	Cathreine, Muthialpet	100
149	"	Renitha Flavia, Muthialpet	100
150	"	Marie Catherine, Muthialpet	100
151		"O.Nadine Antoniammal, Muthialpet	100
152		A.Angelin Mary Remy, Muthialpet	100
153	"	S.Silviya, Muthialpet	100
154	"	Brinna, Muthialpet	100
155	"	Jacqueline Bernard, Muthialpet	100
156	"	Thabithamarie, Muthialpet	100
157	"	S.Angela Vinnarasi, Muthialpet	100
158	"	A.Gracy, Muthialpet	100
159	"	Martial Jency, Muthialpet	100
160	"	S.Jeraldine Nithya, Muthialpet	100
161	"	Annie Mary, Muthialpet	100
162	"	Jothi, Muthialpet	100
163	"	Geraldine Veronica, Muthialpet	100
164	"	Angeline Mary, Muthialpet	100
165	"	K.Pramila, Muthialpet	100
166	"	Jesintha, Muthialpet	100
167	"	Sona Mary, Muthialpet	100
168	"	Angeline, Muthialpet	100
169	"	Genilia Andre, Muthialpet	100
170	"	A.Mercy Anges, Muthialpet	100
171	"	Shine Lincy, Muthialpet	100
172	"	Faustina, Muthialpet	100
173	"	Aroul Shearin, Muthialpet	100
174	"	Philex, Muthialpet	100
175	"	Joel, Muthialpet	100
176	"	Sharun Joseph, Muthialpet	100
177	"	Rushani, Muthialpet	100
178	"	Ambrose, Muthialpet	100
179	"	Alwin, Muthialpet	100
180	"	Frederick Clement, Muthialpet	100
181	"	Peter George, Muthialpet	100

182	"	John Kishore, Muthialpet	100
183	"	Nirmal Raj, Muthialpet	100
184	"	Lebinraj, Muthialpet	100
185	"	Rubane, Muthialpet	100
186	"	Danielraj, Muthialpet	100
187	"	Charles, Muthialpet	100
188	"	Justin, Muthialpet	100
189	"	Yogisan, Muthialpet	100
190	"	Derrinson, Muthialpet	100
191	"	A.Noella, Muthialpet	100
192	"	Monica, Muthialpet	100
193	"	Siobhan Mary, Muthialpet	100
194	"	F.Joseline, Muthialpet	100
195	"	Clbiyha Florance, Muthialpet	100
196	"	Sheryl Nanette, Muthialpet	100
197	"	Jenifer Witteric, Muthialpet	100
198	"	Roseline Marie, Muthialpet	100
199	"	Seppakkam mission	2000
200	"	Tindivanam Parish	5000
201	"	A.Lawrence, Tindivanam	1000
202	"	A.Mary, Tindivanam	1000
203	29.05.17	Velanthalangal Parish	10000
204	"	Lily Rose, Velanthalangal	3000
205	"	Immacualte High School, Velanthalangal	2000
206	"	People of Mettupalayam, Velanthalangal	1000
207	"	People of Puthur, Velanthalangal	1000
208	"	People of Narsampattu, Velanthalangal	1000
209	"	People of Odanthalangal, Velanthalangal	1000
210	"	Legion of Mary, Mettupalayam, Velanthalangal	500

**Total as on 31.05.2017** 521949  
**Received up to 30.04.2017** 24922029  
**Grand Total** 25443978

[sd/]Most Rev. Dr. A. Anandarayar  
**Archbishop of Pondicherry-Cuddalore**

**NECROLOGY****Please pray for the Repose of the Souls of Rev. Frs**

02-06-2014	His Eminence Simon Cardinal Lourdusamy
03-06-1951	Amaladassou. J. M
05-06-1999	Anthonisamy. V. S
07-06-1973	Divianader. S
10-06-1998	Auguste Mahe, MEP
14-06-1984	James Perianayagam
15-06-1948	Mgr. MOREL Elie Jean Joseph
27-06-1970	Savainather. R
30-06-2009	John Bosco. A

**FROM THE DESK OF FR. PROCURATOR****Surplus Mass Intentions received for the month of MAY - 2017**

<b>Date</b>	<b>Name of the Parish</b>	<b>No. of Masses</b>
02.05.2017	Vinoba Nagar parish	198 mass intentions
08.05.2017	Villianur Parish	1072 mass intentions
29.05.2017	Villianur Parish	300 mass intentions

**Binated / Trinated Mass Intentions received**

<b>Date</b>	<b>Name of the Priest</b>	<b>No. of Masses</b>
02.05.2017	Fr.A.J.Lawrence	5 mass intentions

**Rev. Fr. J.M. Gregory Louis Joseph**  
 Procurator

**List of Transfers and Appointments – 2017****Reverend and dear Fathers,**

Prayerful Greetings to You!

I am glad to inform you that following are the transfers and appointments taking place in our Archdiocese. I wish the Reverend Fathers God's abundant blessings and every success in the new assignments.

	<b>Name</b>	<b>From</b>	<b>To</b>
01.	Rev. Fr. P. Antonysamy	PP., Reddiarpalayam	Emmaus House
02.	Rev. Fr. A. Ratchagar	PP., Muthialpet	Spiritual Father, St. Ann's Boarding, Tindivanam
03.	Rev. Fr. M. Swaminathan	Secretary, Archdiocesan Edu, Board	Secretary, Pope johnpaul II College of Education
04.	Rev. Fr. R. Joseph Raj	Deputy Secretary, TNBC	Secretary Archdiocesan Edu, Board
05.	Rev. Fr. P. Arokianathan	PP., Uppalam	PP., Reddiarpalayam
06.	Rev. Fr. A. Pushparaj	Leave	Extended Leave
07.	Rev. Fr. D. Peter Henry Joshua	Priest-in-Charge, Kizhpathupattu	PP., Memalur
08.	Rev. Fr. E. S. Paul Segar	PP., Thurinjipoondy	PP, Sengadu
09.	Rev. Fr. S. Pitchaimuthu	PP., Gingee	PP., Villianur
10.	Rev. Fr. S. Maria Antony	PP., Memalur	PP., IndiraNagar
11.	Rev. Fr. J.V.C. Arokiasamy	Spiritual Father, St. Agnes' Seminary	Emmaus House
12.	Rev. Fr. K.A. Jesu Nazarane	PP., Bahour	Director, AvilaTheresa SpiritualCentre, Usteri
13.	Rev. Fr. L.A. Arul Pushpam	Higher Studies	PP., Uppalam

14. Rev. Fr. A. Berchmans Peter PP, Veerareddikuppam PP, Bahour
15. Rev. Fr. A.S.P. Auguste PP, Indira Nagar PP, Muthialpet
16. Rev. Fr. A. Zacharias Leave Socius, Tiruppapuliur
17. Rev. Fr. Joseph sagayaraj PP, odiathur, MedicalLeave
18. Rev. Fr. Amalor Pushparaj PP, Sengadu Spiritual Father, St. Agnes' Seminary
19. Rev. Fr. S. Richard PP, Villianur Principal, St. Ann's Primary (English Medium) School, Tindivanam
20. Rev. Fr. A. Velanganni Savaridoss PP, Tindivanam PP&VF, Gingee
21. Rev. Fr. Roy Arokiadoss PP, Mugaiyur PP & VF, Tindivanam
22. Rev. Fr. S. Edward Anand Studies HM & Correspondent, Sacred Heart Hr. Sec. School, Anilady
23. Rev. Fr. F. Henry Ezhil Maran Higher Studies PP, Mugaiyur
24. Rev. Fr. A. Cyril Preist-in-Charge, Sengadu Parochial Administrator, Kizhpathupattu
25. Rev. Fr. A. Arputharaj PP, Anaiyeri SC/ST Commission, Pastoral Centre, Uppalam
26. Rev. Fr. R. Lourdu Jerard Leave Socius, Athipakkam
27. Rev. Fr. P. Eugene Arun Kumar PP, Vellakulam PP, Anaiyeri
28. Rev. Fr. A. Rayappan PP, Peria Nolambai MCL., St. Peter's Bangalore
29. Rev. Fr. P. Simon Antonyraj BT Asst., St. Joseph's Higher Studies



- Hr. Sec.School. Cuddalore-1 Loyola College,  
Chennai
30. Rev. Fr. J. Allwin Anbarasu Vice-Principal, Principal  
St. Paul'sMat. Hr. Sec. school, Kolping Mat. Hr.  
Sec. school. pondy
31. Rev. Fr. T. Praveen Kumar Asst. PP, Reddiarpalayam PP, Peria  
Nolambai
32. Rev. Fr. T. Michael Durairaj Asst. PP, SH Basilica PP,  
Veerareddikuppam
33. Rev. Fr. G. John Paulraj Asst. PP, Neyveli TS PP, Thurinjipoondi
34. Rev. Fr. A. Arockia John Robert Asst. PP, Mugaiyur PP, Vellakulam
35. Rev. Fr. M. Maria Vianney Secretary to the BT Asst.,  
Archbishop St. Joseph's Hr. Sec.  
School. Cuddalore-1
36. Rev. Fr. I. James Victor Higher Studies Professor, St. Peter's  
Bangalore
37. Rev. Fr. A. Sathish Kumar Asst. PP, Villianur Asst. PP,  
Reddiarpalayam
38. Rev. Fr. V.S. Dominic Savio Vice-Principal, Vice-Principal,  
Petit Seminaire Pondicherry St. paul's  
Hr. Sec.School,Neyveli
39. Rev. Fr. P. Lourdu Jeyaraj Asst. PP, Eraiyur Vice-Principal,  
Petit Seminaire  
Hr. Sec. School, Pondicherry
40. Rev. Fr. J. Lenin Andrews Asst. PP, Cathedral Asst. PP,  
Villianur
41. Rev. Fr. Z. John Cyril Asst. PP, Karaikal Asst.PP.,

- Sacred Heart Basilica
42. Rev. Fr. G. Sagayanathan Asst. PP, Anilady Asst. PP,  
Neyveli TS
43. Rev. Fr. A. Deivanayagam Asst. PP, Athipakkam Acting,PP,  
Odiyathur
44. Rev. Fr. L. Arokiadoss Asst. PP, Konankuppam Asst.PP.,  
Cathedral
45. Rev. Fr. A. Kulandai Yesu Raja Prefect, Secretary to the  
St. Joseph's Hostel, Archbishop  
Cuddalore -1
46. Rev. Fr. J. Irudayaraj Asst. PP, Karaikal
47. Rev. Fr. J. John Paul Asst. PP, Eraiyur
48. Rev. Fr. A. Amala Madhvan Asst. PP, Athipakkam

**NB:** A. Fathers are kindly requested to handover the present charge and assume their new assignments in the presence of Vicar Forane or any other Priest delegated by me and they must:

- i) Keep ready all the registers and accounts pertaining to the parish and the Institution.
- ii) Give details of any project incomplete together with accounts.
- iii) Submit a copy of the inventory to the concerned Vicar Forane or Priest delegated by me.

**B.** i) Rev. Fathers appointed in educational institutions will take charge on 1<sup>st</sup> of June, 2017.

ii) Rev. Fathers appointed in parishes will take charge in the first week of June, 2017 as specified in their letter of appointment.

With cordial wishes,

Yours in Christ,

**Most Rev. Dr. A. Anandarayar**  
Archbishop of Pondicherry & Cuddalore

**BLESSING****Blessing of the renovated Church of Good Shepherd Church, Tirukovilur**

The renovated Church of Good Shepherd Church, Tirukovilur was blessed and opened by his grace the Most Rev. Dr .A. Anandarayar Our Archbishop, in the gracious occasion of the holy mass on 29th May 2017. We greatly appreciate Rev. Fr. J. Arockia Raj PP for his timely work and enthusiastic ministry and we thank the donors and the parishioners for their generous contribution.

**Voice from Metropolitan Matrimonial Tribunal – 80****Can the parents teach daughters/ Girls Acceptance and Tolerance with in laws?**

The article presents how the parents are to train their daughters and daughters in law. This also matters of struggle and challenging issues how the young couples are not able to cope up with the marital and family life causing great damage in breaking up the marriage.

Today's situation where the woman is sometimes earning more than the man or is equally or even more educated than him, it requires a very special girl to bring harmony to the marriage by choosing an understanding relationship over thinly veiled flaunting of her superiority. This saner attitude is as important between her in-laws and her as with her husband and herself.

Marriage and family life are the prime targets of the devil and his minions and some parents bring up their daughters so badly that they help Satan in achieving his aim of breaking up families and marriages.

**PARENTS BRING UP DAUGHTERS AS PEACEMAKERS.**

One of the most lovable examples of a daughter-in-law in the Holy Bible is that of RUTH towards her mother-in-law Naomi. One of the best options for a woman to choose in her marriage is that of Ruth who said to Naomi "YOUR PEOPLE SHALL BE MY PEOPLE." She could have been the ideal homemaker with a happy husband and children. And Ruth would never have told Naomi to stop speaking to her (Ruth's) husband!

So parents and adults, bringing up girls, do give them all the advantages as they surely deserve them. They are not meant to be door mats but respected and loved persons. To that end, their behavior has to be worthy of being

women who bring unity and harmony to the family into which they marry. When Eve was formed, God did not take a bone from Adam's foot, for Adam to stamp upon her. Neither did God take a bone from Adam's head so that Eve will boss over Adam, with head weight as it were. God, in His wisdom, chose Adam's rib, close to his heart, and fashioned Eve that they may love and respect each other and form a harmonious whole.

On the visit of Egypt 28-29, April, 2017 exhorted that **our world needs peacemakers**. Peace makers do not rise in isolation; **it is possible only through families, especially through woman at every home**. Our world is torn by blind violence, a violence that has also struck the heart of our beloved land. Our world needs peace, love and mercy. It needs peacemakers, people who are free and who set others free, men and women of courage who can learn from the past in order to build the future, free of every form of prejudice. Our world needs people who can build bridges of peace, dialogue, fraternity, justice and humanity...

On Divine Mercy Sunday the Pope recalls Saint John Paul II, Pope Francis emphasized during the Regina Caeli on 23 April 2017, to the faithful present in St. Peter's Squire. "... This is the first task: to announce forgiveness. This visible sign of his mercy brings with it peace of heart and joy of the renewed encounter with the Lord. Mercy in the light of Easter enables us to perceive it as a true form of awareness... Mercy enables us to understand that violence, rancour, vengefulness have no meaning, and first victim is whoever feels these sentiments, because he deprives himself of his own dignity. Mercy also opens the door of the heart and follows one to express closeness especially to those who are lonely and marginalized, because it makes them feel as brothers and sisters, and as children of one Father. It favours recognition of those who need consolation and helps one find the appropriate words so as to give comfort.

... Mercy requires everyone to be instruments of justice, reconciliation and peace. Let us never forget that mercy is the keystone in the life of faith, and the concrete form by which we make Jesus' Resurrection visible. May Mary, Mother of Mercy, help us to believe and joyfully experience all this." (Ref. L'Osservatore Romano, Friday, 28 April 2017, pp.1, 12). A life of great faithfulness: Life's journey has many bend. After having spent an entire life together it is difficult to let go, by embracing Jesus forsaken it became easy to accept difficulties with great love. Suffering and sorrow turned to joy at home.

May parents of daughters bring up peacemakers for they can make Heaven on earth as happy families are domestic churches.

A LIGHT HEARTED MOMENT. Did you hear what a jealous Eve did once in Paradise? When Adam was fast asleep, she carefully counted his ribs. She did not want any competition!!

Thank you,

**Rev.Fr. S. Pascal Raj**

Judicial Vicar

### **COMMISSIONS AND REPORTS**

#### **ST. XAVIER'S PASTORAL CENTRE**

##### **01. CDPI Meeting**

On 7<sup>th</sup> June, we are having the Regional Executive Council Meeting of the CDPI at TMSSS, Trichy to discuss about the Report and our suggestions of our Diocesan Priests to the TNBC meeting to be held in the month of July. Our Diocesan Executive Committee members Fr. Antony Lourduraj, Fr. A. Devadoss (President), Fr. A. Wilson George, Fr. S. Anandraj and myself will attend this meeting.

##### **02. Madha T.V.**

On the 8<sup>th</sup> June, there is a meeting for the Executive Committee members and the Secretaries of the diocesan commissions for social communication in Santhome communication centre. We will be discussing about the possible increase of the number of monthly subscribers for Madha T.V. Kindly I request you once again all the Parish Priests and the Heads of the Institutions to encourage people to become the subscribers of Madha T.V. by paying Rs.100/- per month.

##### **03. Christuvar Vazhurimai Iyakkam (CVI)**

On 19<sup>th</sup> June, we have a Consultation meeting and a Training Programme in the laity centre, Pritaiyur, Trichy for all the Secretaries of the commission of Christuvar Vazhurimai Iyakkam. The B.J.P. which has Hindhuthuva as their basic ideology is getting strengthened and has started their attacks more vigorously on minorities. So we have to get organized and manifest our protest in the political areas. So dear Fathers kindly start a branch of Christuvar Vazhurimai Iyakkam as early as possible. Get atleast 100 members in your parish and invite me to train them.

#### **04. Catholic Charismatic Convention**

Charismatic prayer seems to be one of the effective means to impede our Catholics from going to the Pentecostal / Individual Churches. So this year in Pondicherry we organized a three days Catholic Charismatic Convention from 19<sup>th</sup> to 21<sup>st</sup> in Petit Seminaire Primary School ground during the evening hrs every day and with Personal / Family counseling during the day time. Rev. Fr. K. A. Jesu Nazarene, Rev. Fr. Irudayaraj of Tanjore diocese and Rev. Fr. A. Arputharaj conducted the prayer meetings. Our Archbishop gave permission and blessings to conduct this meeting. Petit Seminaire Principal Rev. Fr. R. Pascal Raj prepared the Venue with nice stage, sound and light system and seating arrangements. And the center's prayer group organized the publicity and other preparations for the convention along with the Youth, Legion of Mary and volunteers from St. Xavier's parish Uppalam. It was a good success. Around 3000 people attended it and appreciated the prayer meeting and got healed from various illness. I thank all the people involved in this venture.

#### **05. Prayer Meeting in June**

As usual we shall have our monthly prayer meeting on the 17<sup>th</sup> June Saturday from 09.30 a.m. to 04.30 p.m. Rev. Fr. Gandhi, the Secretary for the TNBC Commission for Anbiyam, a well known Charismatic preacher will be animating the prayer with the Word of God, adoration, Healing prayer and Eucharistic celebration. Kindly encourage the people to come and participate.

#### **06. Welcome**

Rev. Fr. A. Arputharaj, will be residing in the Pastoral Centre from June as the full time Commission Secretary for SC/ST commission. Welcome him whole heartedly.

**Rev.Fr. A. J. Philomindoss**

Director

**SC/ST Commission report for May 2017****Activities****1. Summer Camp for Dalit Christians Students**

Summer camp for the Dalit Christians students was conducted by the Commission on 10<sup>th</sup> and 11<sup>th</sup> May 2017 at Balmadies Estate, Yercaud. Totally 60 students from various parishes participated in it. The purpose of the camp was to guide the students to choose the right path in their higher studies.

The Resource Persons:

Mr.Babu, Co ordinator, Sc/St Commision about “ Minority Scholorshipa& Post Matric schlorship”

Mr.Chinaparaj Tr. Villupuram about ” Social awareness on Dalit empowerment”

Rev.Fr.D.Leo Vijaya Pushpa Raj, Manager, about “Carrier guidance And Counselling for the student”

**Rev.Fr** A.Arputharaj , Secretary, about “Achievements and goal to be attained” The camp was so lively and interesting with sharing of the resource persons, training sections, games, social awareness songs, cultural, prayers and meditations. After the camp programme the students were taken to the Children’s park, Boat house, Botanical garden for the picnic. All the students actively participated and utilized the opportunities given to them. We thank our Archbishop support and guidance. Special thanks to Fr. Leo Vijaya Pushpa Raj, Manager, Balmadies Estate, Yercaud for all the arrangements. Thanks to all the resource persons for the valuable sharing.

**1. Post -matric Scholarship and Minority Scholarships:**

Our Archdiocesan SC/ST commission is continuously helping the poor dalit Christian students every year to go for higher studies by the scheme of post- matric scholarship by government (G.O.6,16,92).The students are given full tuition fees and special fees for BE,ME,MBA,MCA,B.ED,M.ED,B.SC Nursing and diploma in polytechnic. The eligibility for this scholarship is the annual income of the parents (Dalit Christian) must be Rs.2 lacks and below. The commission also helps and guides all Christian students (SC/ST/BC/MBC) to receive the minority scholarship. The detailed and printed matter regarding this post-matric scholarship has been sent to all the parishes. I kindly request to all the parish priests and principals to

**2. The change of commission office :**

According to our Archbishop’s transfer order from 4<sup>th</sup> June 2017 onwards the Archdiocese SC/ST commission office will be working in the Pastoral centre Uppalam, Puducherry. For any communication please conduct this New Address:

**Rev. Fr. Arputharaj**

The Secretary

SC/ST commission

St.Xavier’s pastoral centre

Netagi nagar

Uppalam

Puducherry - 605002

Cell. 9751990996

## பொதுநிலையினர் பணிக்குழு

- ❖ இணையம் சரக்கு பெட்டகமாற்று துறைமுக எதிர்ப்பு மாநாடு – நாகர்கோயில்

கன்னியகுமரி மாவட்டம் இணையம் பகுதியில் அமைய இருப்பதாக உள்ள பன்னாட்டு சரக்குப் பெட்டக மாற்று முனைய துறைமுகத்திற்கு எதிர்ப்பு தெரிவித்து தமிழக ஆயர்களும், சிறுபான்மை தலைவர்களும் பங்கேற்ற மாபெரும் உண்ணாவிரத போராட்டம் கடந்த 05.04.2017 புதன்கிழமை காலை 10.00 மணிமுதல் மாலை 4 மணிவரை நாகர்கோவி புனித கார்மேல் மேல்நிலைப்பள்ளி வளாகத்தில் தமிழக ஆயர் பேரவைத் தலைவரும் மதுரை பேராயருமான மேதகு அந்தோணி பாப்புசாமி அவர்களது தலைமையில் நடைபெற்றது. தமிழக மறைமாவட்டங்களிலிருந்து பல்லாயிரக் கணக்கானோர் இந்த நிகழ்வில் பங்கேற்றனர். புதுவை – கடலூர் மறைமாவட்ட பேராயரின் அறிவுறுத்தலின் பேரின் நமது மறைமாவட்டத்திலிருந்து பொதுநிலையினர் பணிக்குழு மற்றும் பொதுநிலையினர் பேரவை சார்பாக செயலர், இணைச்செயலர் மற்றும் பொதுநிலையினர் கலந்துகொண்டனர்.

இந்த துறைமுகம் அமையுமானால் இனயம் முதல் குளச்சல் வரையிலான 10 கிலோமீட்டர் நீள கடலோர பகுதியில் உள்ள மீனவ கிராமத்தில் உள்ள சிறுபான்மையின் மக்கள் நிரந்தரமாக வெளியேற்றப்பட்டு வாழ்வாதாரத்தை இழக்கும் சூழல் உருவாகும் என்று விளக்கப்பட்டது.

தமிழக ஆயர்கள் பலரும், சிறுபான்மை தலைவர்களும் சட்டமன்ற உறுப்பினர்களும் விளக்கமாக உரையாற்றினர்.

- ❖ மறைமாவட்ட கருத்தரங்கு – உப்பளம், புதுவை
- பங்கு சமூகங்களில் பொதுநிலையினரின் பணியும், பங்கேற்பும் என்ற தலைப்பில் கடந்த 06.05.2017 சனிக்கிழமையன்று, புதுவை-கடலூர் பேராயரும், மறைமாவட்ட பொதுநிலையினர் பணிக்குழுவின்

தலைவருமான மேதகு பேராயர். ஆந்தோணி ஆனந்தராயர் அவர்களது தலைமையில் உப்பளம் புனித சவேரியார் மேய்ப்புப்பணி மையத்தில் ஒருநாள் கருத்தரங்கு நடைபெற்றது. மறைமாவட்ட பொதுநிலையினர் பணிக்குழு செயலர் அருட்பணி D.ஆரோகியதாஸ் அவர்கள் அனைவரையும் வரவேற்றார்.

பேராயர் அவர்கள் தமது துவக்க உரையில் நமது மறைமாவட்டம் எவ்வாறு பொதுநிலையினரின் மறைபணிகளுக்கு முக்கியத்துவம் அளிக்கின்றது என்று கூறி, மேலும் அதிக எண்ணிக்கையில் பொதுநிலையினர் செயல்பட முன்வரவேண்டும் என்று தமது ஆவலை வெளிப்படுத்தினார்கள்.

பேரருட்பணி A.லூயிஸ் அவர்கள் தமது அறிமுக உரையில் எவ்வாறு இயேசு தமது மீட்புப் பணிக்கு 30 ஆண்டுகள் தயாரிப்பு பணியில் ஈடுபட்டாரோ, அதே போல, நாம் நமது திருச்சபையின் பணிவாழ்வுக்காக தயாரிப்பு செய்யவேண்டும், பின்னர் அர்ப்பணம் செய்யவேண்டும் என்று வலியுறுத்தினார்.

தமிழ்நாடு பொதுநிலையினர் பணிக்குழு செயலர் அருட்பணி S.தேவராஜ் அவர்கள் “பங்கு ஒரு பங்கேற்புச் சமூகம்” என்ற தலைப்பிலும், திருச்சி தூய பவுல் குருத்துவக் கல்லூரி அதிபர் அருட்பணி எஸ். ஆரோக்கியராஜ் அவர்கள் “பங்குச் சமூகங்களில் பொதுநிலையினரின் பணிகள்” என்ற தலைப்பிலும் முக்கிய நோக்கங்களை மேற்கோள்காட்டி உரையாற்றினர்.

மதிய உணவு இடைவேளைக்குப் பின்னர், தமிழ்நாடு பொதுநிலையினர் பணிக்குழு பொருளாளர் திரு.எஸ்.லூர்துசாமி அவர்கள், “பங்கேற்பு அமைப்புகளில், பொது நிலையினரின் பணியும், பங்கேற்பும்” என்ற தலைப்பில் அமர்வை வழிநடத்தினார்.

பின்னர் புதியதாக உருவாக்கப்பட்டுள்ள மறைமாவட்ட பொதுநிலையினர் பணிக்குழுவின் செயற்குழு உறுப்பினர்கள் தனியாகவும், மறைமாவட்ட கத்தோலிக்க பொதுநிலையினர் பேரவையின் செயற்குழு உறுப்பினர்கள் தனியாகவும் கூடி அறிமுகம்

செய்து கொண்டு திட்டமிடல் செய்தனர். மறைமாவட்ட பொதுநிலையினர் பேரவை உறுப்பினர்கள் தங்களுக்கான புதிய நிர்வாகக்குழு உறுப்பினர்களை தேர்வுசெய்தனர்.

பொதுநிலையினர் பணியும் பங்கேற்பும், பற்றி மறைவட்ட அளவில் பொதுநிலையினரை ஒன்றுகூட்டி விழிப்புணர்வை ஏற்படுத்த வேண்டும் என்று தீர்மானம் நிறைவேற்றப்பட்டது. இவ்வாறு வந்திருந்த செயற்குழு உறுப்பினர்கள் 40 பேர் கருத்தரங்கில் மிகுந்த ஆர்வத்தோடு கலந்துகொண்டு பயனடைந்தனர்.

இவண்

அருட்பணி D.ஆரோக்கியதாஸ்

செயலர், பொதுநிலையினர் பணிக்குழு  
புதுவை – கடலூர் உயர் மறைமாவட்டம்

## DOCTOR'S MESSAGE

### 15 Ways To Raise Your Metabolism

A good workout schedule is a great way to keep yourself fit and to maintain a healthy metabolism, but there are other things you can do to supplement your workout. Here are just some of the ways you can keep your body in top shape, and help it make the most out of your regular exercise.

#### Don't skip breakfast:

Eating a good healthy breakfast is crucial in maintaining optimal energy levels throughout the day. Skipping breakfast will send your body into "starvation mode", and slow its metabolism.

#### Eat more foods with lean protein:

Lean protein require a lot more energy to burn and digest, which increases your metabolism. Try eating more chicken and tinned fish in water, and you'll see they keep you full and satisfied for a longer time.

#### Eat lots of omega-3 rich foods:

Omega-3 are fatty acids that contain a myriad of benefits to your body and boost it metabolism. Don't let the term "fatty" scare you, these are acids that help regulate your blood sugar and your metabolism steady. Good sources for omega 3 are foods avocados, fish and walnuts.

#### Eat yogurt:

Just yogurt, not some froyo with a ton of cookies, sprinkles and gummy bears. Simple, low fat, yogurt contains nutrients which raise your bodies resting metabolic rate.

#### Eat dark chocolate:

The caffeine and the antioxidants in dark chocolate are both known to be metabolism boosters. However, make sure you eat brands with 70% cacao and above, anything lower has too much sugar and fat.

#### Take some time to breathe:

It might sound silly, but taking a few minutes every day to focus on some heavy deep breathing is very beneficial. Deep relaxed breathing brings more oxygen into your body which helps you burn more energy.

#### Eat healthy snacks:

Small healthy snacks during the day can keep your energy level consistent. This will keep your metabolism high by maintaining normal blood sugar levels at all times of the day. Remember not to overdo it so you'll still be able to eat normal sized regular meals and to only eat healthy snacks.

#### Eat nuts:

Walnuts, pecans and pistachios contain many vitamins, minerals and essential fatty acids that aid in boosting metabolism. A handful a day is more than enough and it's also a good idea for a healthy snack.

#### Spice up your food:

Spicy foods and condiments contain capsaicin, which been shown to increase metabolic rates by increasing your hormone levels.

#### Drink green tea:

Green tea contains phenols, chemical compounds that increase your body's ability to burn energy and calories.

#### Don't skip meals:

Much skipping breakfast, skipping any other meal is just as bad for your metabolism. If you're hungry, just eat and make sure it's healthy food.

#### Drink water:

Green tea, coffee and energy drinks may all have their benefits but nothing beats a cold glass of water. Drinking six cups of cold water a day can boost your metabolism by burning up an extra 50 calories a day.

**Relax:**

Taking the time to alleviate your stress will benefit your life in more ways than one. Stress causes the production of cortisol which can slow your metabolism down. So take some time to read a book, listen to some music or take a massage, whatever helps you relax.

**Eat a light snack before sleep:**

To keep your nocturnal metabolism high as well as your daily, eat a light snack before going to bed. If you just had a big meal shortly before going to sleep, then it's not needed and it's even recommended to wait a bit before you go into bed.

**Get a good night's sleep:**

Rest is essential for a healthy metabolism. Sleeping for eight hours nightly will increase your energy levels throughout the day. It will also help keep stress hormones and blood sugar levels stable, an important part of any healthy life style.

**DR. IRUDAYARAJ**  
MEDICAL CONSULTANT

**ORDINATION**

Deacons **J. Irudayaraj, J. John Paul, and A. Amala Madhavan** of our archdiocese were ordained to the order of priesthood and **Bro. Alex, Bro. Arockia Sagayaraj, Bro. Jayaseelan, Bro. Jeeva edward edison** to the order of diaconate by his grace the **Most Rev. Dr. A. Anandarayar**, Our Archbishop on 3rd May at Immaculate Conception Cathedral Pondicherry. We offer our hearty felicitation to them and wish them success in their new ministry.

**Informations****1. NEW PRIESTS CONTACT NUMBERS**

Rev. Fr. Irudayaraj	9486416345
Rev. Fr. John paul	9789624967

Rev. Fr. Amala madahavan 9042210538

**New Bishop's secretary contact number:**

Rev.Fr. A. Kulandai Yesu Raja 8300671986

**2. New Supplement to the ORDO**

As it is time for the preparation of the **New Supplement to the ORDO** for the year 2017-2018, it would be of great help if you could communicate to us your **suggestions, corrections and additions** to be made in the forthcoming supplement to the ordo

**3. Note:**

Correction in last month Newsletter  
Archbishop Education fund

Rev. Fr. A. Antony Sagayam Villianur 100000

Rev.Fr. A. Kulandai Yesu Raja  
Secretary



**Priestly Ordination 2017**



**Diaconate Ordination 2017**

**st. Antony pray for us**



**WE WISH HIS GRACE**

**MOST REV.DR. ANTONY ANANDARAYAR**

**HAPPY FEAST**

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